Grade 1 50105155

Adrenaline Rush

Rob Foster

(b. 1966)

for Concert Band

Instrumentation

- 1 Full Score
- 8 Flute/Oboe
- 6 BhClarinet 1
- 6 BhClarinet 2
- 2 B_b Bass Clarinet
- 2 Bassoon
- 2 EbAlto Saxophone 1
- 2 El Alto Saxophone 2

- 2 B, Tenor Saxophone
- 1 E_bBaritone Saxophone
- 4 B_bTrumpet 1
- 4 Bh Trumpet 2
- 4 F Horn
- 8 Trombone/
 - Euphonium B.C.
- 2 Euphonium T.C.
- 4 Tuba

- 1 Timpani
- 1 Snare Drum
- 2 Crash Cymbals, Hihat, Suspended Cymbal,
 - Bass Drum, Tam-tam
- 2 Percussion
 - (Whip, Vibraslap, Temple Blocks, Cow Bell)
- 1 Orchestral Bells







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ABOUT THE COMPOSER

Rob Foster was born in Gainesville, Florida, in 1966. He attended the University of Kansas and played Varsity Football on the KU football team.

Mr. Foster received his Bachelor of Music Education degree from the University of Kansas and his Master of Science in Music Education degree from the University of Illinois. He has also completed additional graduate work at the University of North Texas, and the University of Kansas.

He has served as band director at the University of Maryland, Texas Christian University, Tennessee Tech University, and Haskell Indian Nations University. Additionally, he has taught for 15 years working with beginning bands, middle school bands, and high school bands in the Kansas public schools. In 2011, Mr. Foster was

selected as the Northeast Kansas Band Director of the year. Mr. Foster is currently band director in De Soto, Kansas.

In addition to serving as the National Bandmasters Association Kansas chairperson, Mr. Foster is on the Board of Directors for the Kansas John Philip Sousa Honor Band; Festival Manager for the KC Schlitterbahn Soundwaves Music Festival; Artistic Director and founder of the De Soto Brass Band; Director of the Kansas International Lions Band; and conducts the Fountain City Brass Band's Youth Brass Band.

Mr. Foster is married to his best friend, Kelley Bowman Foster, and lives in Overland Park, Kansas with their two children, Dylan and Ragan.

PROGRAM NOTES

Nothing can beat the exhilaration of facing stressful or dangerous circumstances. Athletes refer to the feeling of possessing extra strength, heightened senses, and increased heart and breathing rate. *Adrenaline Rush* is an absolute

thriller for young bands. Bold, exciting, yet playable, it shows the composer's intimate knowledge of young bands and their capabilities. It is equally at home as an opener or closer for your concert.

PERFORMANCE SUGGESTIONS

Students need to be reminded to play with their best tone quality at all times and not overblow louder dynamics. Take great care to teach proper articulation. Do not allow *staccato* passages to become clipped. Teach principles of balance

from day one; never play louder than the melody and tune to the lowest instrument being played. Percussion parts should be played loud enough to be heard by the audience but not so loud as to cover the band or to create an unmusical sound.

ADRENALINE RUSH

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