Level 1 Stage 1

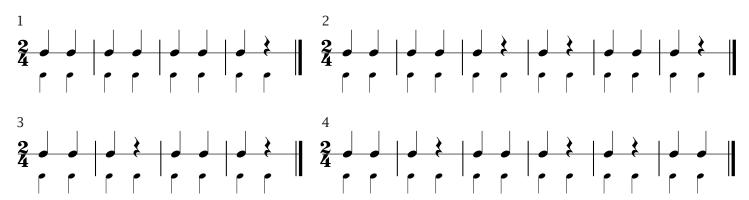
2 4

Rhythmic exercises

Always practise the rhythmic exercises carefully first. There are different ways of doing these exercises:

- Your teacher (or a metronome) taps the lower line while you clap or tap the upper line.
- You tap the lower line with your foot and clap or tap the upper line.
- You tap one line with one hand and the other line with the other hand on a table top or any flat surface.
- You tap the lower line and sing the upper line.

Before you begin each exercise count two bars in – one out loud and one silently.



Melodic exercises

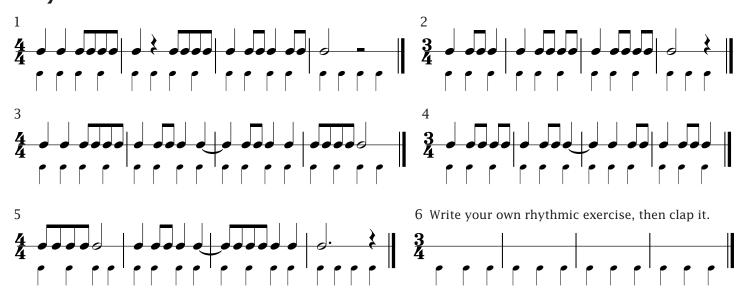
Hear each exercise in your head before you play it.



Level 2 Stage 1



Rhythmic exercises



Melodic exercises

Set 1: Exploring and C major First play the scale and arpeggio from notation.





32 Level 3 Stage 2

Going solo!

Before you play each piece, choose a single bar, study it for a few seconds, then play it from memory.

