

Level 1 Stage 1



Rhythmic exercises

Always practise the rhythmic exercises carefully first. There are different ways of doing these exercises:

- Your teacher (or a metronome) taps the lower line while you clap or tap the upper line.
- You tap the lower line with your foot and clap or tap the upper line.
- You tap one line with one hand and the other line with the other hand on a table top or any flat surface.
- You tap the lower line and sing the upper line.

Before you begin each exercise count two bars in – one out loud and one silently.

1 2

3 4

Melodic exercises

Hear each exercise in your head before you play it.

1

2

3

4

5

6

Level 2 Stage 1

C major



Ties

Rhythmic exercises

1 2

3 4

5 6 Write your own rhythmic exercise, then clap it.

Melodic exercises

Set 1: Exploring and C major First play the scale and arpeggio from notation.

1

2

3

Set 2: Exploring simple ties

4

5

Going solo!

Before you play each piece, choose a single bar, study it for a few seconds, then play it from memory.

1

Moderato

2

Flowing

3

Dancing

4

Energico

5

Andante

6

Boldly

7

Cheerfully