

E♭ major

a 12th

Fill in the notes of the scale and circle the notes of the arpeggio:

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Finger fitness

In these exercises, move your fingers precisely and with energy, and not too far from the instrument.

Write the key signature of E♭ major:

TOP TIP Play the *Finger fitness* exercises using different rhythms e.g. dotted rhythms.

1



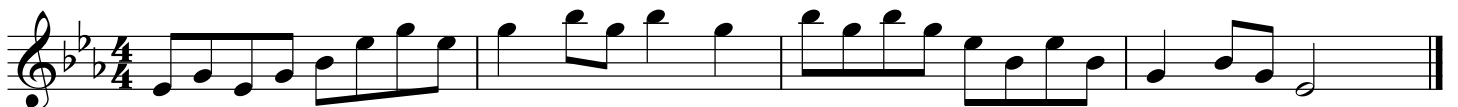
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1

Exams are extremely enjoyable Scale study

Energico

2

Amusement arcade Duet arpeggio study

Slowly

* To play in canon: Player 2 begins when Player 1 reaches this point.

Key piece A tanker at anchor at Ankara

Nautically

Have a go Compose or improvise a short piece using the notes of A major, beginning with these notes. Try to finish on an A.

You are now ready to:

- say** the notes (up and down),
- hear** the scale and arpeggio in your head (playing the keynote first),
- think** about the finger pattern and finally,
- play** the scale and arpeggio with confidence!

F# minor

2 octaves

Fill in the notes of the scale and circle the notes of the arpeggio:

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Finger fitness

Write the key signature of F# minor:

TOP TIP Once you have played a *Finger fitness* exercise a few times, try it faster! And then even faster!

1



2



3



4



1

Frisky fingers Scale study

Allegro spiritoso

* This study is based on the harmonic minor scale. How could you adapt it to use the melodic minor scale?