

Grade 1 Stage 1



Rhythmic exercises

Always practise the rhythmic exercises carefully first. There are different ways of doing these exercises:

- Your teacher (or a metronome) taps the lower line while you clap or tap the upper line.
- You tap the lower line with your foot and clap or tap the upper line.
- You tap one line with one hand and the other line with the other hand on a table top or any flat surface.
- You tap the lower line and sing the upper line.

Before you begin each exercise count two bars in – one out loud and one silently.

1 2

3 4

Melodic exercises

Hear each exercise in your head before you play it.

1

2

3

4

5

6

Grade 4 Stage 1

D major
Up-beats

Rhythmic exercises

1

2

3

Melodic exercises

Exploring D major Play the scale and arpeggio from notation before you work through these exercises.

1

2

3

Going solo!

Expressively

1
□

p *mf*

p *mf*

p rit.

Con spirito

2
□

f *mp*

f

mf

Hauntingly

3
□

f *p* *f* *p* *mf*

pp *mp*

mf *f* *ff*

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