

Grade 1 Stage 1


G major $\frac{4}{4}$

Rhythmic exercises

The rhythmic exercises are really important. Always practise them carefully before going on. There are different ways of doing these exercises:

- Your teacher (or a metronome) taps the lower line while you clap or tap the upper line.
- You tap the lower line with your foot and clap or tap the upper line with your hands.
- You tap one line with one hand and the other line with the other hand on a table top.
- You tap the lower line and sing the upper line.

Before you begin each exercise count two bars in – one out loud and one silently.

1

2

3

Melodic exercises

Set 1: Exploring the open G string

Hear each exercise in your head before you play it.

1

2

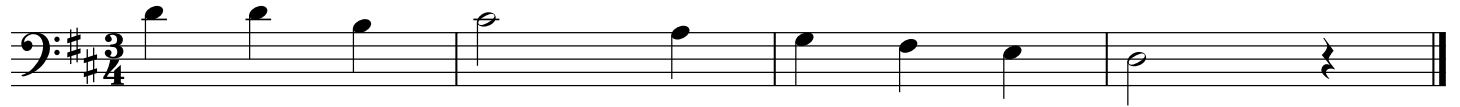
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Set 2: Exploring small leaps

5



6

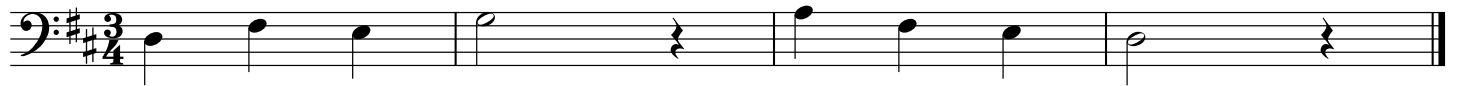


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Set 3: More }

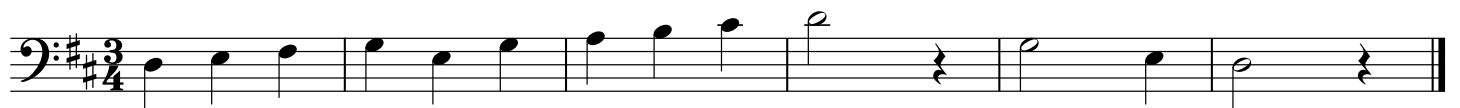
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10



Set 4: Longer examples

11



12



13



Prepared pieces

- 1 What is the key? Play the scale. Say the names of the notes in the piece.
- 2 What will you count? Tap the rhythm of the piece.
- 3 Find the two leaps in the piece. What do they have in common?
- 4 Think about how you will finger the piece.
- 5 How will you put some character into your performance?

Flowing

1



- 1 How will you count this piece?
- 2 Tap the rhythm then (tapping the pulse) hear the rhythm in your head.
- 3 Are there any repeated rhythm patterns?
- 4 How many leaps can you find? How will you finger each?
- 5 How will you put some character into your performance?

Waltz-time

2



Improvising

Make up your own piece (it can be as long or short as you like), beginning with this pattern. Make sure you keep the pulse steady.



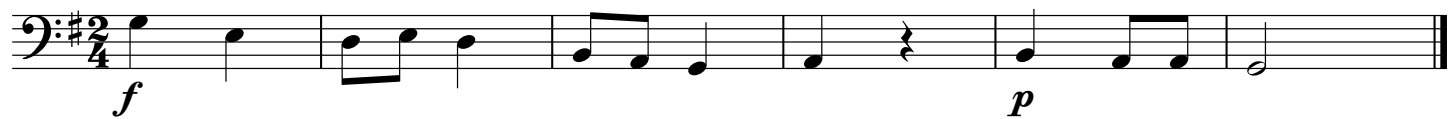
Now make up your own piece in $\frac{3}{4}$ and D major.

Prepared pieces

- 1 How many beats are there in each bar?
- 2 Do any bars contain the same rhythmic patterns?
- 3 Tap the rhythm then (tapping the pulse) hear the rhythm in your head.
- 4 How will you put some character into your performance?
- 5 Play a G (the first note) then (tapping the pulse) hear the piece in your head.

Heavily

1



- 1 What is the key? Play the scale. Say the names of all the notes.
- 2 What will you count? Tap the rhythm of the piece.
- 3 Do any bars contain the same rhythmic patterns?
- 4 What do the two dynamic markings tell you?
- 5 Play a D, then hear the piece in your head, with the dynamic markings.

Dancing

2



Improvising

Make up your own piece (it can be as long or short as you like), beginning with this pattern. Make sure you keep the pulse steady.



Now make up your own piece in $\frac{2}{4}$.

Going solo!

Remember to prepare each piece carefully before you play it.

1

Strolling along



2

Bustling along



3

Moderato



4

Striding along



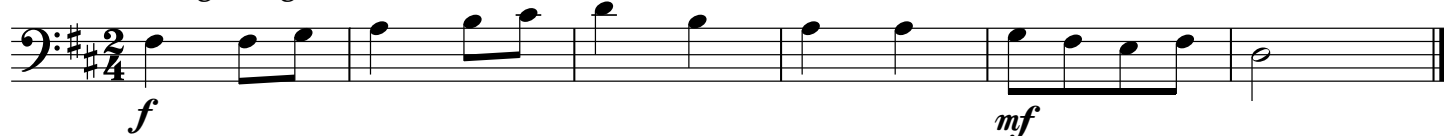
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Gliding along



6

Trotting along



7

Floating along



8

Bouncing along



9

Marching along

