
Table Of Contents

Foreword	3
Table of Contents	4
Introduction	7
Chapter I Welcome to the Podium	9
The Conductor's Talent, The Ability to Communicate in Silence, The Ability to Nurture, The Conductor as a Teacher, Stance, Tapping the Foot, Horizontal and Vertical Planes, Extended/Forward Plane, Spatial Exercises, Ready Position, Use of Hands, The Baton Grip	
Chapter II Fundamental Movements	19
Preparatory Beat, Procedure, Rebound, Preparatory Beat Sequence, Cut-Off Gesture, Conducting Exercises and Format, Ensemble Set-Up, Beating Time	
Chapter III The Basic Patterns	25
Introducing the "1" Pattern, Basic "1" Pattern Exercises Introducing the "2" Pattern, Basic "2" Pattern Exercises Introducing the "3" Pattern, Basic "3" Pattern Exercises Introducing the "4" Pattern, Basic "4" Pattern Exercises	
Chapter IV Cueing and Using the Left Hand	51
Left Hand Placement, Cueing, Left Hand Techniques, Cueing on Beat "1," Cueing on Beat "2," Cueing on Beat "3," Cueing on Beat "4"	
Chapter V Dynamics	65
Varying the Pattern Size, Left Hand Vertical Movement, Left Hand Rote Exercises, Use of the Face	
Chapter VI The Fermata	81
Executing the Fermata — The Use of Travel, Rote Exercises, Musical Exercises	
Chapter VII The Anacrusis and Fractional Pick-ups	95
One Preparatory Beat Set-Up, Two Preparatory Beat Set-Up, Rote Exercises, Musical Exercises	

Chapter VIII Compound Meter Patterns	123
Internal Subdivision, Varied Strokes, Letting the Hands Breathe, Conducting “Inside” the Beat	
Chapter IX Asymmetrical and Changing Meter Patterns	135
Keeping the Unit Constant, Changing the Unit, Changing Meter Exercises, Asymmetrical Beat Patterns — Conducting in “5,” Conducting in “7,” “Floating” Technique, Eight or More Beats, Combinations	
Chapter X Subdivision of the Beat Patterns	161
Subdivision Within the Pattern, Full-Half Approach, Half-Full Approach, Wrist/Finger Approach, Combination of Both Arm and Wrist Movement, General Rule, Musical Exercises	
Chapter XI Relating the Planes to Music	175
Combining the Planes, The Intensity Plane, Left Hand Possibilities, Musical Exercises	
Chapter XII Segmented Conducting — Advanced Techniques	183
Full Arm Movement, Forearm Movement, Wrist Movement, Finger Movement, Including the Planes, Musical Exercises	
Chapter XIII Off The Podium Responsibilities	191
Score Study, Approaching the Score, Preparing to Conduct, Well-Being of the Musicians, Selecting Music for Programming, Selecting a Staff	
Chapter XIV Phrasal Conducting	201
Melding the Beats, Cadenzas and Recitatives, Giving a Beat Twice, Aleatoric Conducting, The Swing Style — With and Without the Pattern	
Chapter XV Unrelated Subjects of Interest	221
Ensemble Seating, Seating Charts, Seating Order, Changing the Focus from Baton to Hand, Rehearsal Techniques, Concert Etiquette, Pitch Tendencies and General Intonation, Continued Musical Growth	
Index	229
Bibliography	232

Ex. A - 2

Moderato (in 1)

C
 B \flat
 E \flat
 A.C.
 F
 B.C.
 Piano

1 2 3 4 5

C
 B \flat
 E \flat
 A.C.
 F
 B.C.
 Pno.

6 7 8 9 10