## Rhythmic PAITERNS Full Drum Set Studies for the Modern Drummer

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Cover Design: Debbie Johns Lipton

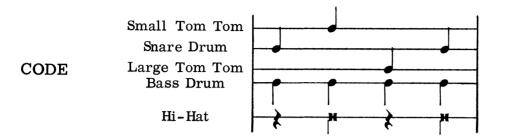
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## 1. Practice slowly at first without Hi-Hat and Bass Drum.

- 2. Memorize each exercise.
- 3. Add Hi-Hat and then Bass Drum.
- 4. Note sticking.

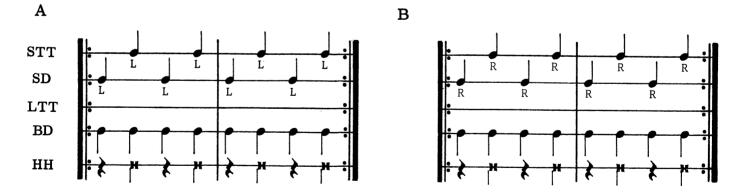


## ARM EXERCISES

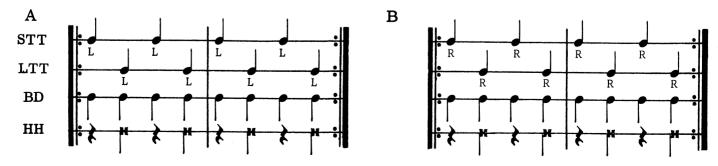
Many of the patterns written in this book will have the drummer's arms moving just as fast as he would move his wrist. In order that he play these patterns with little effort, the drummer should practice the following arm exercises.

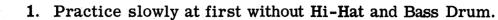
Each exercise should first be memorized and played without using the Bass Drum and Hi-Hat. After the particular exercise has been memorized, add the Hi-Hat and then finally the Bass Drum. The Bass Drum although written in  $\frac{4}{4}$  is optional as to the application in each exercise, but the Hi-Hat should always be on the 2nd and 4th beat of the measure. Practice each exercise very slowly at first; and increase the speed as the exercise becomes more familiar and easier to execute.

EXERCISE I - Using Snare Drum and Small Tom Tom.

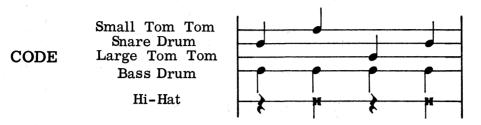


EXERCISE 2 - Using Small Tom Tom and Large Tom Tom

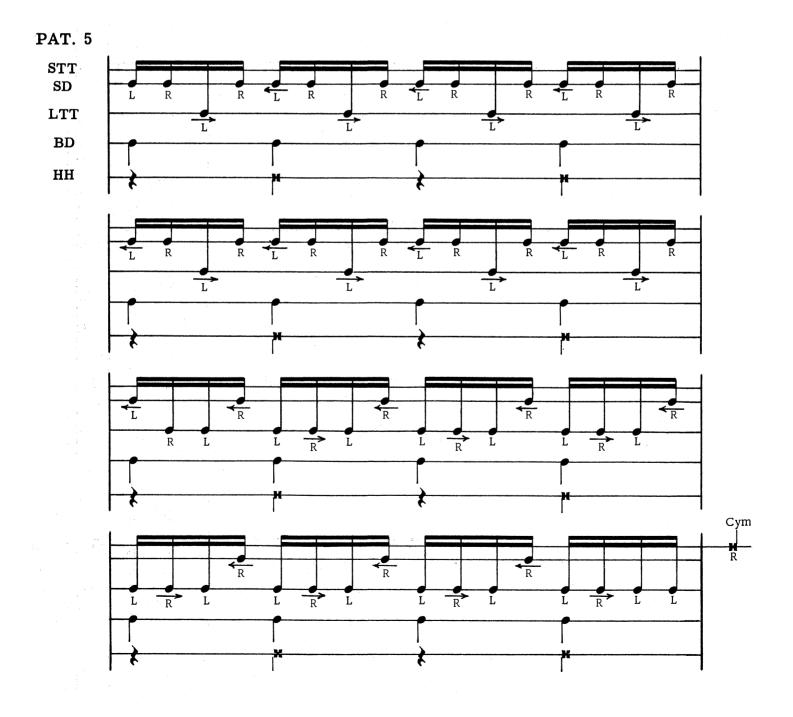




- 2. Memorize each exercise.
- 3. Add Hi-Hat and then Bass Drum.
- 4. Note sticking.



Pattern No. 5 is a combination of Pattern No. 3 and Pattern No. 4. Below it is written in a four measure phrase. The first two measures are from Pattern No. 3, the last two measures are from Pattern No. 4.



**RULES:**