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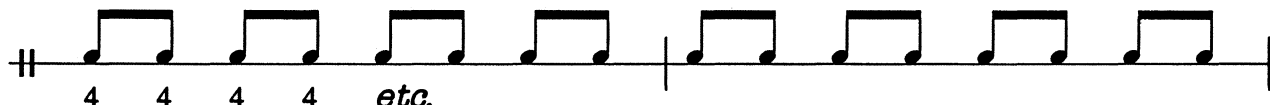
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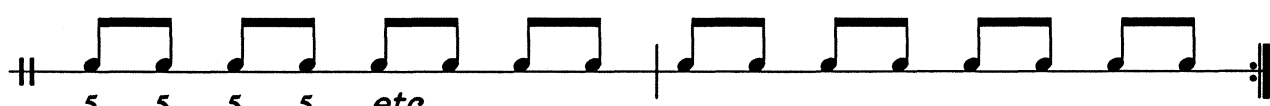
Group A - Exercises On Individual Fingers

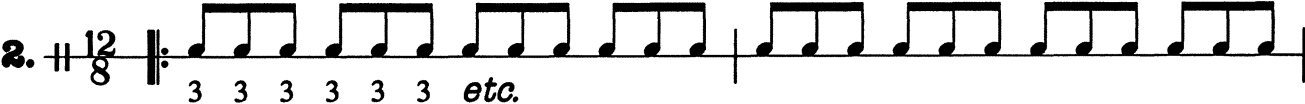
These exercises work on developing strength in each of the fingers. Practice routine is as follows:


- a. Play each exercise through with one hand, then the other.
Repeat this sequence four times!
- b. After working with each exercise individually, try combining them into one continuous setting.
- c. Play first at a slow tempo. Later, increase the tempo setting.
- d. The numbers underneath the notes indicate which fingers are to be used. Remember to keep the unused fingers away from each other and the stick.


1. $\frac{4}{4}$ 





2. $\frac{12}{8}$ 





Hand/Foot Combinations In Mixed Rhythms (Singles)

In this exercise, single strokes are used between the hands and feet in an ascending rhythm sequence.

