

Prep Course

FOR THE YOUNG BEGINNER

Technic Book • Level B

The 25 warm-ups included in this book are coordinated page-by-page with Lesson Book B of Alfred's Prep Course. Each page should be assigned according to the instructions that appear in the upper right corner of each page of this Technic Book.

These warm-ups offer much more than the development of

technical skill. They reinforce every principle introduced in Prep Level B. They give additional drill in reading and playing melodic and harmonic intervals. They improve musicianship, provide rhythm drills, and develop skill in coordination between the hands. The benefits they offer make the very small amount of time they require well worth the effort.

SMOOTHIES. Use with <i>SMOOTHLY ROCKING</i> (page 5)	2
PAIRS OF 2nds. Use with <i>GLIDING</i> (page 8)	3
ALL TIED UP! Use with <i>BALLOONS</i> (page 9)	4
SWINGIN' 2nds. Use with <i>BALLOONS</i> (page 9)	5
REBOUNDS. Use with <i>COME AND PLAY!</i> (page 11)	6
ROCKIN' 3rds. Use with <i>WHAT CAN WE DO?</i> (page 13)	7
HARMONIC HARMONICAS. Use with <i>POP SONG</i> (page 15)	8
DRUM, DRUM, DRUMMER MAN! Use with <i>QUIET RIVER</i> (page 17)	9
CLIMBING & DIVING. Use with <i>SEA DIVERS</i> (page 19)	10
TWIRLERS. Use with <i>LET'S HAVE FUN!</i> (page 21)	11
DROPS & LIFTS. Use with <i>SHOWSTOPPER!</i> (page 23)	12
HARMONIC WALTZ. Use with <i>GROWING UP!</i> (page 25)	13
UPSIDE-DOWN WALTZ. Use with <i>GROWING UP!</i> (page 25)	13

ALL-STAR WARM-UP. Use with <i>THAT'S A FIFTH!</i> (page 26)	14
ALL-STAR COOL-DOWN. Use with <i>THAT'S A FIFTH!</i> (page 26) ..	14
HOP-SCOTCH. Use with <i>AIRPLANES</i> (page 28)	15
FIRST TEAM WARM-UP. Use with <i>POSITION G</i> (page 30)	16
GETTING STRONGER! Use with <i>MOON-WALK</i> (page 31)	17
LITTLE GREEN MEN. Use with <i>BOOGIE WOOGIE BEAT!</i> (page 34)	18
QUESTION & ANSWER. Use with <i>ROCKIN' TUNE</i> (page 36)	19
HARMONIC INTERVALS IN G POSITION. Use with <i>MUMBO-JUMBO</i> (page 39)	20
CORN POPPER. Use with <i>RAINDROPS</i> (page 40)	21
SUPER-POPPER! Use with <i>HIDE AND SEEK</i> (page 42)	22
HARMONIC INTERVALS IN C POSITION. Use with <i>ANYONE FOR TIC-TAC-TOE?</i> (page 43)	23
TABLE-TOP WARM-UP. (Use anytime)	24

A SLUR means PLAY LEGATO (smoothly connected).

Smoothies

Play this entire warm-up three times:

1. Slow
2. Moderately slow
3. Moderately fast

