

1st Team Warm-Ups (LH)

Fingers 1, 2 & 3 are your STAR players.
These warm-ups will give them a good workout.

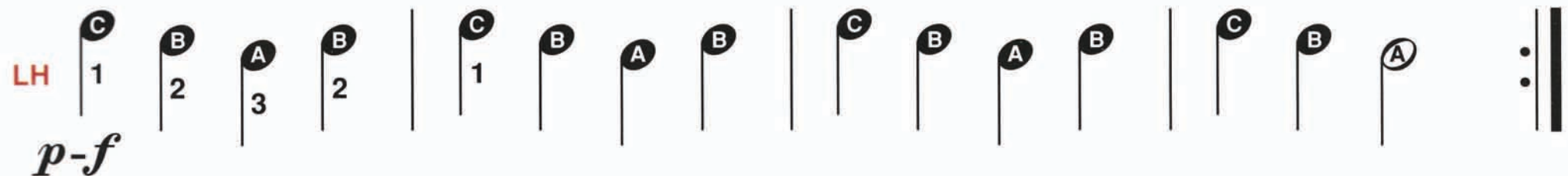
Play each warm-up slowly at first.
When you can play smoothly and evenly
you may gradually increase speed.



ALWAYS CURVE YOUR FINGERS!

LEFT HAND WARM-UP No. 1

p-f means play 1st time *p*, 2nd time *f*.



LEFT HAND WARM-UP No. 2

f-p means play 1st time *f*, 2nd time *p*.

