BACKGROUND INFORMATION

Diwali, the biggest holiday in India, is called a "Festival of Lights" because people illuminate their homes both inside and out with clay lamps and candles. Light is everywhere from houses, to streets, to stores. Candles even float in rivers and lakes!

This exciting festival is becoming increasingly popular around the world. Diwali is celebrated in Singapore and several other South Asian countries as a national holiday, meaning that people other than Hindus, Sikhs, and Buddhists participate in the festivities. Some people observe Diwal as part of their religion, while others celebrate for secular reasons or a mix of both.

At the heart of Diwali is the recognition of our own inner light, and the triumph of good over evil. Diwali lasts for five days, and falls in October or November. Each day has specific tasks that begin by preparing the home—cleaning, decorating, and creating elaborate *rangoli* patterns on the floor using colorful sand or powder. Families gather by the third day and might pray if they are religious. This is always followed by a big delicious meal and fireworks. On the fourth day, families and friends visit one another, exchanging gifts and good wishes for the new year of the Hindu lunar calendar. The final day concludes with extended family gatherings and plenty more food. Diwali is not only a festival but also a delicious least for all to enjoy!

THE LIGHTS OF DIWALI

for 2-part voices and piano with optional SoundTrax*

Words and Music by LOIS BROWNSEY and MARTI LUNN LANTZ



* SoundTrax CD available (51114). Visit alfred.com for digital scores and audio.

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