

ALIS VOLAT PROPRIIS

(She Flies With Her Own Wings)

SOON HEE NEWBOLD

INSTRUMENTATION

- 1 Conductor Score
- 8 Violin 1
- 8 Violin 2
- 5 Viola
- 5 Violoncello
- 5 Double Bass
- 1 Harp (opt.)



Please note: Our band and orchestra music is collated by an automatic high-speed system.
The enclosed parts are now sorted by page count, rather than score order.



THE COMPOSER

Soon Hee Newbold is an internationally acclaimed composer and conductor known for incorporating differing cultural and ethnic styles in her writing inspired by her experiences and travel. She started her musical journey at the age of 5 on piano and violin at age 7 and performed as a concert artist in professional ensembles around the world.

As a composer, Ms. Newbold's works are performed by groups ranging in all levels from professional symphonies to beginning elementary ensembles in venues such as Carnegie Hall, the Kennedy Center, Wolf Trap, Disney Hall, Lincoln Center, the Midwest Band and Orchestra Clinic, and many more worldwide stages.

Ms. Newbold is frequently sought after as a keynote speaker and guest clinician. She has conducted and worked with orchestras and bands throughout the U.S. and overseas such as The Netherlands, Belgium, Australia, Indonesia, Singapore, and China. As a filmmaker and composer in Hollywood, her music can also be heard in film and other recording projects.

ABOUT THE MUSIC

Alis Volat Propriis (She Flies With Her Own Wings) was originally commissioned by the Atlanta Symphony Orchestra for the Merian Ensemble. The Merian Ensemble is a quintet consisting of symphony members Christina Smith (flute), Emily Brebach (oboe, English horn), Elisabeth Remy Johnson (harp), Marci Gurnow (clarinet, bass clarinet), and Jessica Oudin (viola). This ensemble showcases and celebrates great music by women writers. Along with traditional repertoire and performances, the Merian Ensemble gives outreach performances for students throughout Atlanta. They were featured on a TED Talk and numerous times on NPR's "Performance Today."

When I was looking for inspiration for this commission, I got many great ideas from Elisabeth and from our donor. They led me to some of the strong women in Shakespeare, poetry, contemporary writers, and legends. There were so many fascinating tales to draw from, I had a hard time picking just one. I came across the Latin saying "*Alis Volat Propriis*" which loosely translates in English to "she flies with her own wings" and thought it was the perfect sentiment. I also realized I had five incredible women in this ensemble that are a huge inspiration. Elisabeth was one of my best friends when we were both at Tanglewood as students. She was an amazing harpist even then and I'm still one of her biggest fans. The journey that all of the members have gone through in order to get to where they are is impressive and now they use their platform to generously give back in even more ways. What I love about this motto most is the reminder that we each have the ability to make a difference. Sometimes in the noisy chaos of society, it's easy to look to others to solve problems or wait on the world to make things "fair" when we really need to remember that we have our own wings too.

PERFORMANCE NOTES

Since it was originally written for a harp quintet, I wanted to leave the harp as an option in this string version. The piece can certainly be performed without harp though. In measure 42, if the performance is with strings only, this section should be played by the principal players or first desks of each of the parts. Strings should tacet if there is a harp present. Measure 49 pizzicato should be played as harp-like as possible, letting the notes be light and ring. Measure 73 is the contrasting section with short, accented notes. Make sure the melody lines come through especially in the viola. Keep the bow light but move it fast to get the power needed for the style.

—Soon Hee Newbold

DURATION: 5:20

commissioned for the Merian Ensemble by the Atlanta Symphony Orchestra
to honor the memory of Betty Sands Fuller
in gratitude for her decades of leadership and support of the ASO

ALIS VOLAT PROPRIIS

She Flies with Her Own Wings

SOON HEE NEWBOLD
(ASCAP)

Tranquillo (♩ = c. 88)

Violin 1

Violin 2

Viola

Violoncello

Double Bass

Harp / Piano (opt.)

p

pizz.

div.

pizz. tutti

Solo arco

div.

p

Roll Chords

p

++ | ++

2

3

4

B_♭

5 Arioso (♩ = c. 104)

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

arco

p

tutti

pizz.

5

6

7



8 9 10

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

B $\flat$

11 12 13

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

arco

pizz.

15

arco

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

14

15

16

17

div.

18

19

20

21

4

3

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Score for measures 22 to 25. The staves are labeled Vln. 1, Vln. 2, Vla., Vcl., D.B., and Hp. / Pno. The music is in 2/4 time. A large red watermark "Preview Only" is overlaid diagonally across the page.

Measure 22: Vln. 1 has a first violin part with a bowing mark 'v'. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part with a right hand (RH) part.

Measure 23: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part with a right hand (RH) part.

Measure 24: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part with a right hand (RH) part.

Measure 25: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part with a right hand (RH) part.

Score for measures 26 to 29. The staves are labeled Vln. 1, Vln. 2, Vla., Vcl., D.B., and Hp. / Pno. The music is in 2/4 time. A large red watermark "Preview Only" is overlaid diagonally across the page.

Measure 26: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part.

Measure 27: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part.

Measure 28: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part.

Measure 29: Vln. 1 has a first violin part. Vln. 2 has a second violin part. Vla. has a viola part. Vcl. has a cello part. D.B. has a double bass part. Hp. / Pno. has a piano part.

30

33

arco

Vln. 1 *f*

Vln. 2 *mf*

Vla. *mf* *div.* *f*

Vcl. *f*

D.B. *f*

Hp. / Pno. *f*

36 37 38

rit.

Vln. 1

Vln. 2 *f*

Vla.

Vcl.

D.B. arco

Hp. / Pno.

39 40 41

42 Espresso (♩ = 80)

Desk 1 (only if no Harp)

Vln. 1 *mf*
 Vln. 2 *mf*
 Vla. *mf*
 Vcl. *mf*
 D.B. *mf*
 Solo
 Hp. / Pno. *mf*

42 43 44 B $\flat$

Vln. 1 *one player (if no Harp)*
 Vln. 2 *one player (if no Harp)*
 Vla.
 Vcl.
 D.B.
 Hp. / Pno.

45 46 47 48 B $\natural$

rit.

49 Dolce (♩ = ca. 126)

Score for measures 49-52, marked **Dolce** (♩ = ca. 126). The key signature is one flat (B-flat), and the time signature is 3/4.

Vln. 1: Rests in measures 49-50. Measure 51 has a whole note B-flat. Measure 52 has a whole note B-flat.

Vln. 2: *pp* play - tutti. Continuous triplet eighth notes throughout measures 49-52.

Vla.: *pp* play - tutti pizz. in measure 49, then rests. Measure 51 has a whole note B-flat. Measure 52 has a whole note B-flat.

Vcl.: *pp* play - tutti. Continuous eighth notes throughout measures 49-52.

D.B.: *pp* tutti. Continuous eighth notes throughout measures 49-52.

Hp. / Pno.: *p*. Continuous triplet eighth notes throughout measures 49-52.

Measure numbers 49, 50, 51, and 52 are indicated at the bottom of the staves.

Score for measures 53-56, continuing the **Dolce** section. The key signature is one flat (B-flat), and the time signature is 3/4.

Vln. 1: *p* play - tutti. Measure 53 has a half note B-flat. Measure 54 has a half note B-flat. Measure 55 has a half note B-flat. Measure 56 has a half note B-flat.

Vln. 2: Continuous triplet eighth notes throughout measures 53-56.

Vla.: *pizz.* Continuous eighth notes throughout measures 53-56.

Vcl.: Continuous eighth notes throughout measures 53-56.

D.B.: Continuous eighth notes throughout measures 53-56.

Hp. / Pno.: Continuous triplet eighth notes throughout measures 53-56.

Measure numbers 53, 54, 55, and 56 are indicated at the bottom of the staves.

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

57 58 59 60

61

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

61 62 63 64

Score for measures 65 to 68. The score includes staves for Vln. 1, Vln. 2, Vla., Vcl., D.B., and Hp./Pno. The key signature is B-flat major. Measure 65 features a B-flat chord. Measure 66 features a B-flat chord. Measure 67 features a B-flat chord. Measure 68 features a B-flat chord. The score includes a large red watermark reading "Preview Only" and "Legal Use Requires Purchase".

65 66 67 68

Score for measures 69 to 72. The score includes staves for Vln. 1, Vln. 2, Vla., Vcl., D.B., and Hp./Pno. The key signature is B-flat major. Measure 69 features a B-flat chord. Measure 70 features a B-flat chord. Measure 71 features a C-sharp chord. Measure 72 features a C-sharp chord. The score includes a large red watermark reading "Preview Only" and "Legal Use Requires Purchase".

69 70 71 72

73 Volante (♩ = c. 120)

73

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

arco

f

ff

f

f

f

f

No Roll
replace muffle

73

74

75

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

76

77

78

79

Vln. 1 *p sub.* 3

Vln. 2 *p sub.*

Vla. pizz. *p sub.*

Vcl.

D.B.

Hp. / Pno. *p sub.* 8va - RH RH

79 80 81

Vln. 1

Vln. 2

Vla. arco

Vcl.

D.B. *p*

Hp. / Pno. LH LH 3 4

82 83 84

87

85 86 87

Vln. 1 *f*

Vln. 2 *f*

Vla. pizz. *f* arco

Vcl. *f* arco

D.B. pizz. *f* arco

Hp. / Pno. *f*

88 89 90

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno. replace muffle

91 92 93 Eb

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

94 95 96 A# Ab

Vln. 1

Vln. 2 div.

Vla.

Vcl.

D.B.

Hp. / Pno.

E# C# B#

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

97 B $\flat$

98 B $\flat$

99

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

100 A $\sharp$ A $\flat$

102 B $\flat$

103

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

104

105

This block contains the musical notation for measures 103, 104, and 105. The score is for a string quartet (Violin 1, Violin 2, Viola, Violoncello) and a double bass. The piano part is also included. The key signature is one flat (B-flat). The time signature is 4/4. The notation includes various musical symbols such as notes, rests, and accidentals. A large red watermark 'Preview Only' is overlaid diagonally across the page.

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

106

107

108

This block contains the musical notation for measures 106, 107, and 108. The score is for a string quartet (Violin 1, Violin 2, Viola, Violoncello) and a double bass. The piano part is also included. The key signature is one flat (B-flat). The time signature is 4/4. The notation includes various musical symbols such as notes, rests, and accidentals. A large red watermark 'Preview Only' is overlaid diagonally across the page.

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

109

110

111 F#

112

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

replace muffle

Hp. / Pno.

112 B $\flat$

113 C $\sharp$

114

115

116

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

p

mf

cresc.

116 117 118

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

f

pizz.

f

119 120 121

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

f

ad lib.

122

123

124

126

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

f

ad lib.

125

126

127

3

Score for measures 128-130. The staves are labeled Vln. 1, Vln. 2, Vla., Vcl., D.B., and Hp./Pno. The music is in 2/4 time. A large red watermark "Preview Only" is overlaid diagonally across the page.

Measure 128: Vln. 1 has a half note G4. Vln. 2 has a half note F#4. Vla. has a half note E4. Vcl. has a half note D3. D.B. has a half note C2. Hp./Pno. has a half note C2.

Measure 129: Vln. 1 has a half note G4. Vln. 2 has a half note F#4. Vla. has a half note E4. Vcl. has a half note D3. D.B. has a half note C2. Hp./Pno. has a half note C2.

Measure 130: Vln. 1 has a half note G4. Vln. 2 has a half note F#4. Vla. has a half note E4. Vcl. has a half note D3. D.B. has a half note C2. Hp./Pno. has a half note C2.

Score for measures 131-133. The staves are labeled Vln. 1, Vln. 2, Vla., Vcl., D.B., and Hp./Pno. The music is in 2/4 time. A large red watermark "Preview Only" is overlaid diagonally across the page.

Measure 131: Vln. 1 has a half note G4. Vln. 2 has a half note F#4. Vla. has a half note E4. Vcl. has a half note D3. D.B. has a half note C2. Hp./Pno. has a half note C2.

Measure 132: Vln. 1 has a half note G4. Vln. 2 has a half note F#4. Vla. has a half note E4. Vcl. has a half note D3. D.B. has a half note C2. Hp./Pno. has a half note C2.

Measure 133: Vln. 1 has a half note G4. Vln. 2 has a half note F#4. Vla. has a half note E4. Vcl. has a half note D3. D.B. has a half note C2. Hp./Pno. has a half note C2.

134 135 136

Vln. 1

Vln. 2 *f* *ff*

Vla. *f*

Vcl. *ff*

D.B. *ff*

Hp. / Pno.

open

137 138 139

Vln. 1

Vln. 2

Vla. *ff*

Vcl.

D.B.

Hp. / Pno.

B $\flat$

140

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

141

142

143

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

144

145

replace muffle

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Vln. 1

Vln. 2

Vla.

Vcl.

D.B. *div.*

Hp. / Pno.

146 147 148

3

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

149 150

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

151

152

ad lib.

G#

B#

G

Vln. 1

Vln. 2

Vla.

Vcl.

D.B.

Hp. / Pno.

153

154

155

ad lib.

G#

Eb

Vln. 1
 Vln. 2
 Vla.
 Vcl.
 D.B.
 Hp. / Pno.

156 G $\sharp$ 157 F $\sharp$ 158 B $\flat$ F $\sharp$

Vln. 1
 Vln. 2
 Vla.
 Vcl.
 D.B.
 Hp. / Pno.

159 F $\sharp$ 160 E $\sharp$ 161 F $\sharp$

fff
fff
fff
fff
fff
fff 8^{va}
 ad lib.