

Heavy Lifting

Cello and String Bass Feature

By Chris M. Bernotas

INSTRUMENTATION

1 Full Score	Educational Packs
8 Violin I	1 Violin
8 Violin II	1 Viola
5 Viola	1 Cello
5 Violin III (Viola )	1 String Bass
5 Cello	
5 String Bass	
1 Piano Accompaniment	

FLEX PARTS

available for free download from
alfred.com/supplemental

For more information please visit
alfred.com/stringflex

PROGRAM NOTES

Your cellos and string basses take center stage in this rockin' piece by Chris M. Bernotas. *Heavy Lifting* is a hard-rock driving selection that gives everyone in the orchestra the opportunity to shine, while highlighting the low strings. With FLEX parts available, this cello and string bass feature can highlight any instrument or group of instruments in the string orchestra. Perfect for your second year players!

NOTES TO THE CONDUCTOR

While the main stars of this piece are the cellos and basses, the slides in the violin parts will be so much fun to play, and it provides the opportunity to teach the required technique to perform them. Violas also play a very important role by providing that stable rhythm, like in measures 1–3, that ties it all together! I hope you and your students enjoy *Heavy Lifting*.

Note from the Editor

In orchestral music, there are many editorial markings that are open for interpretation. In an effort to maintain consistency and clarity you may find some of these markings in this piece. In general, markings for fingerings, bowing patterns, and other items will only be marked with their initial appearance. For a more detailed explanation of our editorial markings, please download the free PDF at www.alfred.com/stringeditorial.

X
extended position

—
shift

’
bow lift/reset

(b), (#), (q)
high or low fingerings

▮▮ or V V
hooked bowings

SOUND
INNOVATIONS
 for STRING ORCHESTRA



Preview Only
Legal Use Requires Purchase

Heavy Lifting

FULL SCORE

Duration - 3:00

Cello and String Bass Feature

By Chris M. Bernotas (ASCAP)

Heavy rock ♩ = 80

Violins

Viola
(Violin III)

Cello

String Bass

Piano
Accompaniment
(Optional)

Vlins.

Vla.
(Vln. III)

Cello

Str. Bass

Pno.
Accomp.

4

5

6



Score for measures 7, 8, and 9. The instruments are Vlns. I & II, Vla. (Vln. III), Cello, Str. Bass, and Pno. Accomp. The dynamics range from *mf* to *f*. A large red watermark "Preview Requires Purchase" is overlaid on the score.



Score for measures 10, 11, and 12. The instruments are Vlns. I & II, Vla. (Vln. III), Cello, Str. Bass, and Pno. Accomp. The dynamics range from *mp* to *f*. A large red watermark "Preview Requires Purchase" is overlaid on the score.



I
Vlns.

II

Vla.
(Vln. III)

Cello

Str. Bass

Pno.
Accomp.

13 14 15

I
Vlns.

II

Vla.
(Vln. III)

Cello

Str. Bass

Pno.
Accomp.

-1 4 -1

16 17 18

19

Vlns. I

Vlns. II

Vla. (Vln. III)

Cello

Str. Bass

Pno. Accomp.

19 20 21

Vlns. I

Vlns. II

Vla. (Vln. III)

Cello

Str. Bass

Pno. Accomp.

22 23 24

Vlns.
I
II

Vla.
(Vln. III)

Cello

Str. Bass

Pno. Accomp.

25 26 27

ff

ff

ff

ff

ff

ff

Vlns.
I
II

Vla.
(Vln. III)

Cello

Str. Bass

Pno. Accomp.

28 29 30

31

Vlns. I *f*

Vlns. II *f*

Vla. (Vln. III) *f* 4

Cello *pizz.* *f*

Str. Bass *pizz.* *f*

Pno. Accomp. *f*

31 32 33

Vlns. I

Vlns. II

Vla. (Vln. III) 4

Cello

Str. Bass

Pno. Accomp.

34 35 36

Score for measures 37-39, featuring Vlns. I & II, Vla. (Vln. III), Cello, Str. Bass, and Pno. Accomp.

Measures 37, 38, and 39 are shown. The Vlns. I & II and Vla. (Vln. III) parts feature rapid sixteenth-note passages. The Cello and Str. Bass parts provide a rhythmic foundation with eighth and sixteenth notes. The Pno. Accomp. part features a steady eighth-note accompaniment.

Score for measures 40-41, featuring Vlns. I & II, Vla. (Vln. III), Cello, Str. Bass, and Pno. Accomp.

Measures 40 and 41 are shown. The Vlns. I & II and Vla. (Vln. III) parts continue with rapid sixteenth-note passages. The Cello and Str. Bass parts provide a rhythmic foundation with eighth and sixteenth notes. The Pno. Accomp. part features a steady eighth-note accompaniment.

42

Vlns. I

Vlns. II

Vla. (Vln. III)

Cello

Str. Bass

Pno. Accomp.

42 43 44

46

Vlns. I

Vlns. II

Vla. (Vln. III)

Cello

Str. Bass

Pno. Accomp.

45 46 47

Vlns.
I
II

Vla.
(Vln. III)

Cello

Str. Bass

Pno. Accomp.

48 49 50

Vlns.
I
II

Vla.
(Vln. III)

Cello

Str. Bass

Pno. Accomp.

51 52 53

Score for measures 54-56, featuring Vlns. I & II, Vla. (Vln. III), Cello, Str. Bass, and Pno. Accomp.

Measures 54, 55, and 56 are shown. The Vlns. I & II parts play a rhythmic pattern of eighth notes. The Vla. (Vln. III) part plays a continuous eighth-note figure. The Cello and Str. Bass parts play a rhythmic pattern of eighth notes. The Pno. Accomp. part plays a rhythmic pattern of eighth notes.

54 55 56

Score for measures 57-60, featuring Vlns. I & II, Vla. (Vln. III), Cello, Str. Bass, and Pno. Accomp.

Measures 57, 58, 59, and 60 are shown. The Vlns. I & II parts play a rhythmic pattern of eighth notes. The Vla. (Vln. III) part plays a continuous eighth-note figure. The Cello and Str. Bass parts play a rhythmic pattern of eighth notes. The Pno. Accomp. part plays a rhythmic pattern of eighth notes. The dynamic *ff* (fortissimo) is indicated in measures 57, 58, and 59.

57 58 59 60