

Dedicated to the participants of the 2020 Catawba County Elementary All-County Chorus, NC
Sally K. Albrecht, Guest Conductor

WORDS OF WISDOM

for 2-part voices and piano
with optional PianoTrax*

1. Early to Bed

Words by
BENJAMIN FRANKLIN (1706-1790)

Music by
SALLY K. ALBRECHT

With a lilt ($\text{♩} = \text{ca. } 69\text{-}72$)

The musical score consists of four staves. The top staff is for the piano, marked ***mf***. The bottom staff is for the bass part. The middle section contains two vocal parts: **PART I** (marked ***mf***) and **PART II** (marked ***mf***). The lyrics are as follows:

PART I: Ear - ly to bed, ear - ly to rise,
PART II: Ear - ly to bed, ear - ly to rise,

(sleep pose R while yawning) *(stretch arms up and out)*

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* PianoTrax 12 accompaniment CD available (48280). Visit alfred.com for digital scores and audio.

Words taken from "Poor Richard's Almanac," published by Benjamin Franklin (1706-1790) using the pseudonym of "Poor Richard" (or Richard Saunders), and first distributed as a pamphlet in the American colonies from December of 1732 through 1758. Print runs reached up to 10,000 copies per year, a best-seller at the time.

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9 (muscle pose)

makes a man health - y,
wealth - y, and wise.

makes a man health - y,
wealth - y, and wise.

12 (fold arms and nod 2x)

15 mf Ear - ly to bed,
(wait)

16 (sleep pose R while yawning) (stretch arms up and out)

ear - ly to rise,
(sleep pose R while yawning)

mf Ear - ly to bed, ear - ly to rise,

ear - ly to bed, ear - ly to rise,

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19 (muscle pose)
makes a man health - y,
wealth - y, and wise.
(stretch arms up and out)

22 (fold arms and nod 2x)
wealth - y, and wise.

25 (opt. add staging with lyrics)
Ear - ly to bed, ear - ly to rise,
(opt. add staging with lyrics)
Ear - ly to bed, ear - ly to

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27

30

33

(slap L palm 2x)

(All - R index up near forehead, then push way up)
cresc. *f*

Wealth - and wise, and wise!

(slap L palm 2x) cresc. *f*

wise. Makes him wealth - y and wise, and wise!

cresc. *f*

2. Live with Ease

Words by
BENJAMIN FRANKLIN (1706-1790)

Music by
SALLY K. ALBRECHT

Lightly, with ease ($\text{♩} = \text{ca. } 132\text{-}138$)

(sweep R hand up)* (sweep L hand up) (repeat)

PART I

PART II

PIANO

Lightly, with ease ($\text{♩} = \text{ca. } 132\text{-}138$)

9 (sway w/hands low: R, L, R, L)

Would you live with ease? _____

Would you live with ease?

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* Ballet arm (slightly curved) sweeps across body and up to curve around head. Drop as other arm begins.

13 (sweep R index up to R shoulder) (shake R index forward 4x)

17 (sweep R hand up) ***mf***

Do what you ought, and not what you please.* Live with ease.
(hold low)

Do what you ought, and not what you please.*

19 (hold low) (R index up - hold) (all - R index way up and down)

(sweep L hand up) ***mf*** Do what you ought, and
(R index up - hold)

Live with ease. Do what you ought, and

24 (cross arms front w/ stern face) (sway w/ hands low: R, L, R) (clasp hands, leaning front - beg!) ***p***

not what you please, _____ please.
p

not what you please, _____ please.

cresc. ***f*** ***p***

* In other words, do what's right, making intelligent choices, and it will bring you joy.

3. Don't Throw Stones

Words by
BENJAMIN FRANKLIN (1706-1790)

Music by
SALLY K. ALBRECHT

Easy swing ($\text{♩} = \text{ca. } 116-120$) ($\overline{\text{J J}} = \overline{\text{J J}}$)
(4 heel pops to turn center; facing other part)

PART I

PART II

PIANO

3 (lean back 4x)
(shake both index 4x at Part I while leaning over)

Don't throw stones at your

Easy swing ($\text{♩} = \text{ca. } 116-120$) ($\overline{\text{J J}} = \overline{\text{J J}}$)

4 (come back up 4x) *mf*

(come back up while pulling thumbs in 4x)

No,

neigh - bors, if your own win - dows are glass.*

* In other words, don't criticize others for negative qualities you just might have yourself. Everyone has faults.

7 (trade)

don't throw stones at your neighbors, if your own windows are

(palms cross and out on own lyric)*

10
11 *mp*

glass. Don't throw, don't throw.

mp

Don't throw, don't throw. Don't

mp

13
15 (shake both index 4x at other part while leaning over)
mf

Don't throw, don't throw. No, don't throw stones at your
throw. No, don't throw stones at your

mf

mf

* Optional: Change sides (R, L, R, L) and/or start low and get higher, as if shielding yourself from stones coming your way.

16 (come back up while pulling thumbs in 3x) *f* (palms cross and out, then hold own face)

neigh - bors, if your own win - dows are glass. Don't throw!

neigh - bors, if your own win - dows are glass. Don't throw!

f

v.

4. Fish and Visitors

Words by
BENJAMIN FRANKLIN (1706-1790)

Music by
SALLY K. ALBRECHT

Bluesy swing ($\text{♩} = \text{ca. } 100-104$) ($\text{♪} = \text{shimmy forward } 4x$) ($\text{♪} = \text{shimmy back } 4x$)

PART I

PART II

PIANO

3 (tall) **f** (R palm out, L palm out) (tall)

Fish and vis - i - tors stink in three days.*

Fish and vis - i - tors stink in three days*

(R count out fingers 1, 2, 3, then R thumb over shoulder) **7** (repeat)

Fish and vis - i - tors

Fish and vis - i - tors

stink in three days.

stink in three days.

(match palms R on lyric, then all dive R) **11** **mf** Fish!

mf Fish!

mf Fish!

mf

* In other words, don't overstay your welcome!

12 (repeat center) Fish! (repeat L) Fish (snap up, down) f
Fish! Fish! Fish and vis - i - tors
Fish! Fish and vis - i - tors

15 (lean forward making "stinky" face) (ask neighbor)
 stink (Don't you think?) in three
 stink (Don't you think?) in three

17 (shimmy forward 4x) (R count out fingers 1, 2, 3, then hold nose!)
 days.
 days.