

ONE FOOT

for S.A.T.B. voices and piano
with optional SoundTrax CD*

Performance time: approx. 4:20

Arranged by
ALAN BILLINGSLEY

Words and Music by
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and SEAN WAUGAMAN

Techno Pop Rock (♩ = ca. 100)

PIANO

Gm Eb Bb F#sus⁴ F

mf

3 SOPRANO *f*

ALTO Hoo. Oo. Oo.

TENOR *f* *8va falsetto* (Shout)

BASS Hoo. Hey!

Gm Eb Bb F#sus⁴ F

* Also available for S.A.B. (47124) and 2-part (47125).
SoundTrax CD available (47126).

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To purchase a full-length performance recording of this piece, go to alfred.com/downloads

f Hoo. _____ *mf* Oo. _____ Oo. _____

Hoo. _____ Hey! _____ *loco mf* Not a

Gm Eb Bb Fsus⁴ F

soul up a - head and noth - in' be - hind. _____ There's a

Gm Eb

des - ert in my blood and a storm in your eyes. _____ Am I the

Bb Fsus⁴ F

9

king of noth - in' at all? And you're the

Gm Eb

10

queen of noth - in' at all. But I re -

Bb Fsus⁴ F

11

mem - ber the fight — and I for - get the pain. — I got my

Gm Eb

hand in your pock - et and my key in your chain. — Am I the

B \flat F sus^4 F

king of noth - in' at all? And you're the

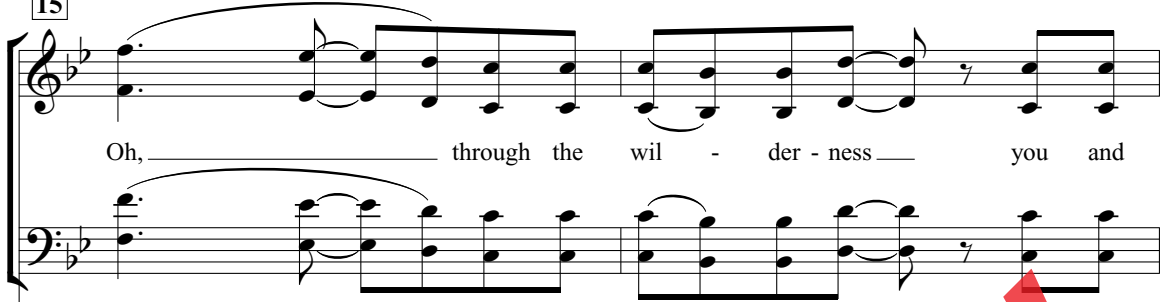
G m E \flat

queen of noth - in' at all.

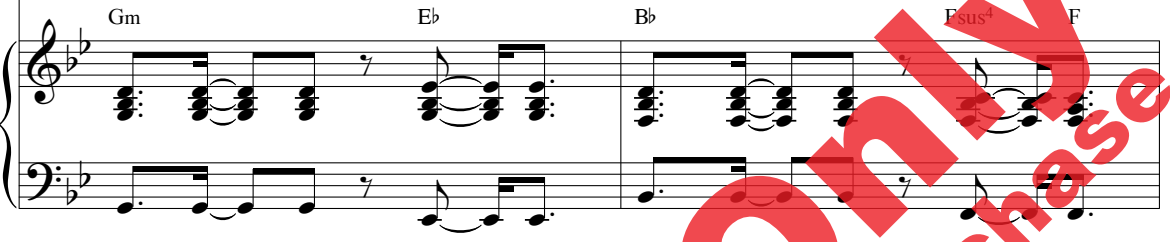
B \flat F sus^4 F

15

Oh, _____ through the wil - der - ness _____ you and



Gm Eb Bb F#sus4 F



17

I _____ will walk _____ in - to the emp - ti - ness. _____

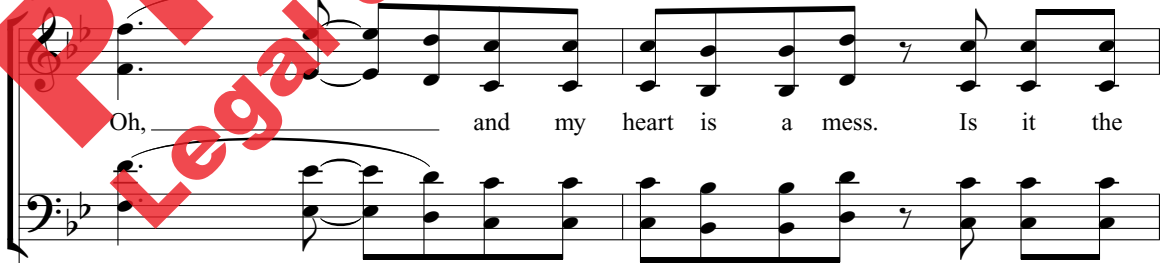


Gm Eb Bb F#sus4 F

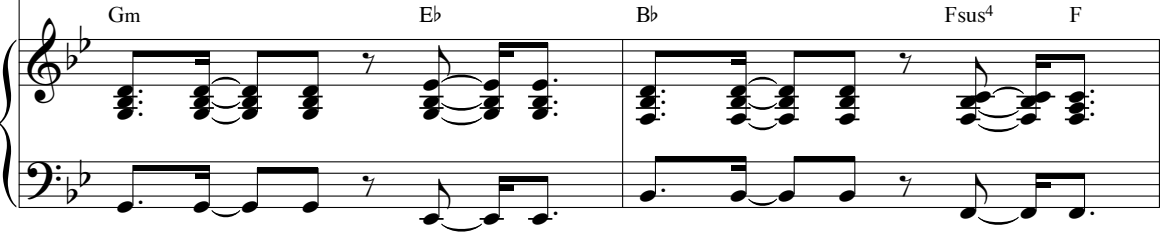


19

Oh, _____ and my heart is a mess. Is it the



Gm Eb Bb F#sus4 F



21

on - ly de - fense — a - gainst the wil - der - ness? Cross my

Gm Eb Bb Fsus⁴

23 *with building intensity*

heart, and hope to die, tak - in' this one step — at a time. I got your

Gm Eb(add2) Bb Fsus⁴

with building intensity

25

back if you got mine. Oh! — One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus⁴

27

Hoo. _____ Hey! One foot in front of the oth - er.

Gm

E \flat (add2)B \flat Fsus 4

29

Hoo. _____ Hey! One foot in front of the oth - er.

Gm

E \flat (add2)B \flat

31

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

Gm

E \flat (add2)B \flat Fsus 4

33

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

Wil - der - ness. _____ One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus⁴

35

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

Oo. _____

Gm Eb(add2) Bb Fsus⁴

37

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

_____ all that we have _____ is each oth - er. One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus⁴

39 *mp*

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

mf Not a

Gm Eb Bb Fsus⁴

mp

41 *mf*

Not a star in the sky. _____

soul in the road, _____ It's a

Gm Eb

mf

42

and - a no - where to hide. _____ I'm the

des - ert in my heart _____ I'm the

Bb Fsus⁴ F

43

king of noth - in' at all, and you're my

Gm Eb

44

queen of noth - in' at all. Well, out

Bb Fsus4 F

45

here in the dust if you don't have trust, — ain't noth - in'

Gm Eb

46

left of us. This is the ex - o - dus. They're just

B \flat F \sharp su \flat 4 F

47

test - in' us. They can't flex with us. They can't

G \flat F \flat

48

mess with us, they can't mess with us.

B \flat F \sharp su \flat 4 F

49

Oh, _____ through the wil - der - ness _____ how come

Gm Eb Bb Fsus⁴ F

51

e - ven to - geth - er there can be lone - li - ness? _____

Gm Eb Bb Fsus⁴ F

53

Oh, _____ our heart's a mess. But it's our

Gm Eb Bb Fsus⁴ F

55

on - ly de - fense — to brave the wil - der - ness. Cross my

Gm Eb Bb Fsus⁴

57 *with building intensity*
Optional: add quarter note handclaps (2nd time only)

heart, and hope to die, tak - in' this one step — at a time. I got your

Gm Eb(add2) Bb Fsus⁴

with building intensity

59

back if you got mine. Oh! One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus⁴

61

Hoo. _____ Hey! One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus⁴

63

(end handclaps on the downbeat of measure 64)

Hoo. _____ Hey! One foot in front of the oth - er.

Gm Eb(add2) Bb

65

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

f

Gm Eb(add2) Bb Fsus⁴

f

2nd time to Coda (p. 19, m. 77)

67

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

Wil - der - ness. _____ One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus4

2nd time to Coda (p. 19, m. 77)

69

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

Oo. _____

Gm Eb(add2) Bb Fsus4

71

Hoo. _____ Oo. _____ Hoo. _____ Oo. _____

_____ all that we have _____ is each oth - er. One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus4

73

SOLO

mf

Well out

(Grunt)

mf

Oo!

Oo!

Oo!

Oo!

mf

Gm

Eb

Bb

F

mf

75

(end solo)

D.S. al CODA
(p. 14, m. 49)

here in the dust.

Oo!

Oo!

Oo!

Oo!

Gm

Eb

Bb

F

D.S. al CODA
(p. 14, m. 49)

77 CODA

Hoo. Oo. Hoo. Oo.

Hoo. Oo. Hoo. Oo.,

CODA

Gm Eb(add2) Bb Fsus4

79

Hoo. Oo. Hoo. Oh,

— all that we have — is each oth - er. One foot in front of the oth - er.

Gm

Eb(add2)

Bb

Fsus4

Gm Eb(add2) Bb Fsus4

81

oh, oh, oh, oh, oh, oh,

Hey! Oh,

Hey!

Oh,

Gm

Eb(add2)

Bb

Fsus4

Gm Eb(add2) Bb Fsus4

oh, oh, oh, Oh,

in the so - called "Land of the Free." One foot in front of the oth - er.

Gm Eb(add2) Bb Fsus4

oh, oh, oh, oh, oh, oh,

Hey! Don't ya

Gm Eb(add2) Bb Fsus4

oh, oh, oh. One foot in front of the oth - er!

know that all we have is each oth - er. One foot in front of the oth - er!

Gm Eb(add2) Bb Fsus4