


# CONTENTS

ABOUT THE AUTHOR.....	3	INTERVALS .....	48
Acknowledgements .....	3	2nds .....	48
INTRODUCTION .....	4	3rds .....	48
WARM-UP AND COORDINATION EXERCISES .....	5	4ths .....	49
Dancing Fingers .....	5	5ths .....	50
Understanding the Examples.....	6	6ths .....	51
Basic Picking Speed .....	6	7ths .....	52
Chromatic Triplet Runs.....	7	Octaves.....	53
String Skipping Warm-Ups.....	8	Intervallic Licks in C Major .....	54
Four-Note-per-String Chromatic Lines .....	9	Harmonic and Melodic Minor Scale Forms.....	55
Chromatic String Skipping Runs .....	11	GETTING INTO THE DETAILS .....	57
THE ART OF DEVELOPING PATTERNS AND SEQUENCES .....	13	The Pentatonic Scale .....	57
Devices for Varying a Motive.....	13	The Three-Note-per-String Scale .....	59
Applying the Melodic Devices .....	14	SPEED DEVELOPMENT AND ABSOLUTE PICK CONTROL.....	61
Pattern Numbers .....	14	Using a Metronome .....	61
DEVELOPING PICKING SKILLS ACROSS THE FRETBOARD .....	15	Practice .....	61
The A Minor Pentatonic Scale .....	16	Using the Rhythm Pyramid.....	61
PATTERNS AHEAD!.....	16	THE COORDINATION CHALLENGE.....	62
Three-Note Patterns .....	16	A Minor Pentatonic Coordination Exercises .....	62
Four-Note Patterns.....	19	A Major Coordination Exercises.....	63
Five-Note Patterns.....	21	Rhythm Pyramid Coordination Exercises ....	64
Six-Note Patterns .....	24	Burst or Bust.....	65
Intervallic Patterns .....	26	More Rhythmic Variations.....	66
MELODIC SINGLE- AND TWO-STRING PATTERNS.....	29	GOT SPEED?.....	68
Single-String Patterns .....	29	Chromatic Alternate-Picking Exercises.....	68
Two-String Patterns.....	30	More Chromatic Alternate-Picking Exercises .....	69
Creating a Roadmap on the Fretboard .....	34	APPLICATION TIME .....	71
MOVING ACROSS THE GUITAR WITH A THREE-NOTE-PER-STRING SCALE .....	35	Etudes for the Busy Days .....	71
Three- and Four-Note Patterns.....	36	Conclusion .....	80
Five- and Six-Note Patterns.....	42		

# STRING SKIPPING WARM-UPS

Let's introduce some string skipping to our previous concepts. Make sure to keep string noise to a minimum when skipping strings, and pay close attention to your alternate picking. Remember, start slow and keep track of your metronome markings.


## String Skipping Ascending Three-Note Pattern: Ascending Sequence

**Ex. 8A**  Track 10

*repeat pattern, shifting up one fret at a time*

The notation for Ex. 8A consists of a treble clef staff and a guitar staff. The treble clef staff shows an ascending sequence of three-note patterns, each starting with a downpick (V) and followed by two uppicks (square). The guitar staff shows the corresponding fretting: strings T, A, and B are used, with fret numbers 1-2-3, 1-2-3, 1-2-3, 1-2-3, 1-2-3, 1-2-3, 2-3-4, 2-3-4, 2-3-4, and 2-3-4.

## String Skipping Descending Three-Note Pattern: Descending Sequence

**Ex. 8B**  Track 11


*repeat pattern, shifting down one fret at a time*

The notation for Ex. 8B consists of a treble clef staff and a guitar staff. The treble clef staff shows a descending sequence of three-note patterns, each starting with a downpick (V) and followed by two uppicks (square). The guitar staff shows the corresponding fretting: strings T, A, and B are used, with fret numbers 14-13-12, 14-13-12, 14-13-12, 14-13-12, 14-13-12, 14-13-12, 13-12-11, 13-12-11, 13-12-11, and 13-12-11.

## String-Skipping Variations

Here's a variation:

### Combining Ascending and Descending Three-Note Pattern: Ascending Sequence

**Ex. 9A**  Track 12

*etc.*

The notation for Ex. 9A consists of a treble clef staff and a guitar staff. The treble clef staff shows an ascending sequence of three-note patterns, alternating between ascending and descending three-note patterns. The guitar staff shows the corresponding fretting: strings T, A, and B are used, with fret numbers 1-2-3, 1-2-3, 1-2-3, 1-2-3, 1-2-3, 1-2-3, 4-3-2, 4-3-2, 4-3-2, and 4-3-2.

### Combining Descending and Ascending Three-Note Pattern: Descending Sequence

**Ex. 9B**  Track 13

*etc.*

The notation for Ex. 9B consists of a treble clef staff and a guitar staff. The treble clef staff shows a descending sequence of three-note patterns, alternating between descending and ascending three-note patterns. The guitar staff shows the corresponding fretting: strings T, A, and B are used, with fret numbers 14-13-12, 14-13-12, 14-13-12, 14-13-12, 14-13-12, 14-13-12, 11-12-13, 11-12-13, 11-12-13, and 11-12-13.

# 6THS

Ex. 96A



Prime

□ V □ V

T 13 12 10 9 10 12 10 12 9 13 10 12 10 13

A 12 9 10 12 8 12 10 12 9 10 12 9 13 10 12 10 13

B 8 12 10 12 8 12 10 12 9 10 12 9 13 10 12 10 13

Ex. 96B

Retrograde-Inversion

T 13 12 10 13 9 12 10 12 9 10 9 12 10 12 8 10 9 12 8

A 12 9 10 12 8 12 10 12 9 10 9 12 10 12 8 10 9 12 8

B 8 12 10 12 8 12 10 12 9 10 9 12 10 12 8 10 9 12 8

Ex. 97A

Prime

□ V □ V

T 13 12 10 12 13 9 10 12 10 12 12 13 9 10 12 10 13

A 12 9 10 12 8 10 12 9 12 10 12 13 9 10 12 10 13

B 8 12 10 12 8 10 12 9 12 10 12 13 9 10 12 10 13

Ex. 97B

Retrograde-Inversion

T 13 12 10 13 12 10 12 9 10 9 12 10 9 12 10 8 12 10 9 12 8

A 12 9 10 12 8 10 12 9 12 10 9 12 10 8 12 10 9 12 8

B 8 12 10 12 8 10 12 9 12 10 9 12 10 8 12 10 9 12 8

# THE COORDINATION CHALLENGE

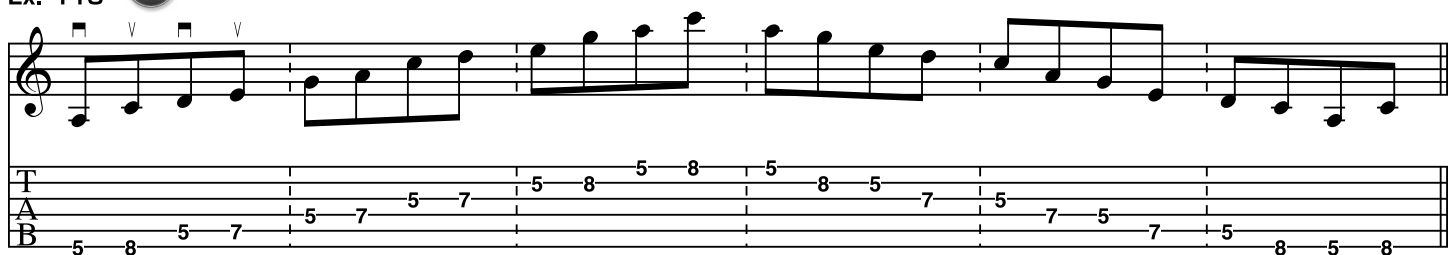
Now that you have practiced basic rhythms, let's take a closer look at simply playing a two-note- or three-note-per-string scale up and down the fretboard. The following exercises feature the A Minor Pentatonic scale played as eighth notes, eighth-note triplets, 16th notes, and sextuplets.

The difficult part here is to keep time and maintain synchronization, as the note distribution on the strings is not aligned with the rhythmic placement. Guitar players like the organization of their phrasing and note groups to be supported by the positions of notes on a string. However, in these exercises, we purposefully avoid that. Set your metronome to a slow speed, and pay close attention to the rhythm and proper execution of technique.

## A MINOR PENTATONIC COORDINATION EXERCISES

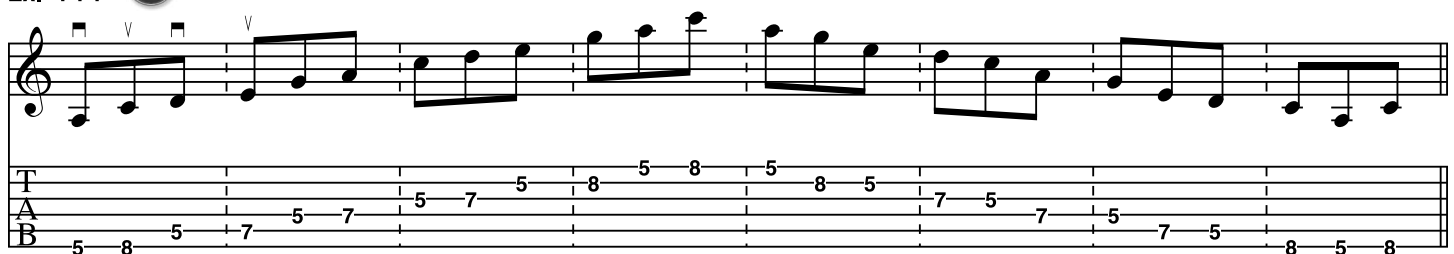
### Eighth Notes

Ex. 110  Track 132



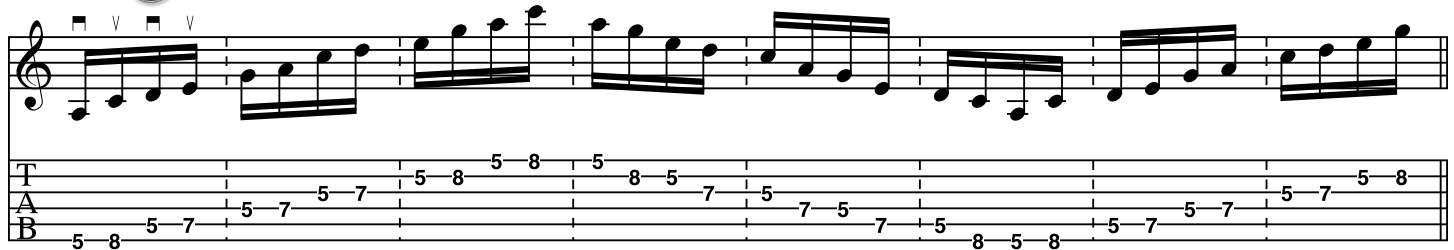
### Eighth-Note Triplet

Ex. 111  Track 133



### 16th Notes

Ex. 112  Track 134



### Sextuplets

Ex. 113  Track 135

