

Vocalize!

45 Accompanied Vocal Warm-Ups that Teach Technique

Composed and Arranged by Andy Beck

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See back cover for CD track numbers.

Note: Reproducible Singer Pages are included as PDF files on the Enhanced CD. The purchase of this CD carries with it the right to display these images on an interactive whiteboard and/or post them on a school/organization website.

Roll Your Shoulders



7



4

One of the first places that we hold physical tension is in our shoulders. Move slowly and with purpose while singing this exercise, circling the shoulders in each direction, releasing any tightness.

Easily, with rubato (♩ = ca. 88)

rit. *a tempo*

Roll your shoul - ders

rit. *a tempo*

4

high and low, back and forth, and to and fro. Roll your shoul - ders all a -

rit. *a tempo*

8

round, then re - lease them back and down. Roll your shoul - ders

rit. *a tempo*

The musical score is written in 4/4 time with a key signature of two flats (Bb and Eb). It consists of three systems of music. Each system includes a vocal line and a piano accompaniment. The piano accompaniment features a steady bass line and chords in the right hand. The vocal line includes lyrics and performance markings such as 'rit.' (ritardando) and 'a tempo'. The first system starts with a rest for the vocal line, followed by the lyrics 'Roll your shoul - ders'. The second system continues with 'high and low, back and forth, and to and fro. Roll your shoul - ders all a -'. The third system concludes with 'round, then re - lease them back and down. Roll your shoul - ders'. The score ends with a double bar line and repeat signs.

Listen and Blend



31

12

Listen carefully as you work to develop an ensemble blend. Match the volume, vowels, tone, and timbre of your voice to the others in the group.

With a gentle groove ($\text{♩} = \text{ca. } 84$)

The musical score is written in 4/4 time with a tempo of approximately 84 beats per minute. It consists of three systems of music, each with a vocal line and a piano accompaniment. The piano accompaniment features a steady, gentle groove in the bass line and chords in the right hand. The vocal line is simple and focuses on clear diction and matching the piano's volume and tone.

System 1: The vocal line begins with a rest for two measures, then sings "Lis - ten to the sing - ing,". The piano accompaniment starts with a bass line of quarter notes and chords in the right hand.

System 2: The vocal line continues with "lis - ten to the sound. Lis - ten to the beau - ty of mu - sic all a - round." The piano accompaniment continues with the same rhythmic pattern.

System 3: The vocal line concludes with "Lis - ten to each neigh - bor, lis - ten to each friend. Lis - ten to the voic - es and". The piano accompaniment ends with a final chord.