

# Vocalize! 1

## 45 Accompanied Vocal Warm-Ups that Teach Technique

Composed and Arranged by Andy Beck

<b>Beginning Warm-Ups</b>	<b>Page</b>	<b>Dynamics/Articulations</b>	<b>Page</b>
Come Now, Let Our Voices Ring .....	4	Dynamics Are Fancy and Fine .....	62
I Just Want to Sing .....	6	Sing Legato, Sing Staccato .....	65
Sing a Joyful Song .....	9	Sing We Sforzando .....	67
Warming Up Our Voices .....	12	We Are Crescendoing .....	69
<b>Posture</b>		<b>Miscellaneous Skills</b>	
Feet Are Firmly Planted .....	14	A Diphthong Song .....	72
Relax, Release .....	17	Flexibility .....	76
Roll Your Shoulders .....	19	Listen and Blend .....	78
Though the Notes May Rise .....	21	Syncopation .....	81
<b>Vowels</b>		<b>Scales/Intervals</b>	
Drop Your Jaw .....	24	Do Is Like a Rock .....	83
My, Oh Me, Oh My .....	26	Octaves and Sevenths .....	85
Nee, Neh, Nah, Noh, Noo .....	28	One, Five, Four, Five .....	87
With a Joyful Tone .....	30	Sing a Half Step .....	90
<b>Breath Support</b>		<b>Short Songs</b>	
Breath Support .....	32	All Through the Night .....	92
Flying, Sighing .....	34	Drink to Me Only with Thine Eyes .....	95
Resist Caving In .....	36	Music in the Morning .....	98
Take Time to Breathe .....	38	The Turtle Dove .....	101
<b>Tone Quality</b>		<b>Harmony</b>	
Don't Want to Be Throaty .....	41	Hey Ho .....	103
Just One Voice .....	45	I Can Sing My Part .....	107
Never Louder Than Lovely .....	47	Sing Alleluia, Allelu .....	110
Project .....	49	'Twas on a Silent Winter Night .....	111
<b>Diction</b>		Zing-a Zing-a Zah .....	117
Consonants Are Planned .....	52		
The Lips, the Tongue, the Tip of the Teeth .....	54		
Seashells .....	57		
Woodchuck .....	59		

See back cover for audio track numbers.

Reproducible Singer Pages (available online) may be duplicated, displayed, and posted  
for the use of one school/organization.



alfred.com

© 2013 by Alfred Music  
All Rights Reserved. Printed in USA.

Book & Online PDF/Audio (00-40024)

ISBN-10: 0-7390-9652-4

ISBN-13: 978-0-7390-9652-9

# Roll Your Shoulders



One of the first places that we hold physical tension is in our shoulders. Move slowly and with purpose while singing this exercise, circling the shoulders in each direction, releasing any tightness.

Easily, with rubato (♩ = ca. 88)

*rit.* *a tempo*

Roll your shoul - ders

*rit.* *a tempo*

4

high and low, back and forth, and to and fro. Roll your shoul - ders all a -

*rit.* *a tempo*

8

round, then re - lease them back and down. Roll your shoul - ders

*rit.* *a tempo*

# Listen and Blend



31



12

Listen carefully as you work to develop an ensemble blend. Match the volume, vowels, tone, and timbre of your voice to the others in the group.

With a gentle groove (♩ = ca. 84)

Lis - ten to the sing - ing,

lis - ten to the sound. Lis - ten to the beau - ty of mu - sic all a - round.

Lis - ten to each neigh - bor, lis - ten to each friend. Lis - ten to the voic - es and