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## ABOUT THE DVD



The DVD contains valuable demonstrations of the instructional material in this book. You will get the best results by following along with your book as you watch these video segments. Musical examples that are not performed with video are included as audio tracks on the DVD for listening and playing along. The audio tracks are all accessible on your computer as MP3 files (see DVD-ROM Audio below).

The symbol at the top left appears next to each song or example for which there is an audio track. Example numbers are above the symbol. The track number below each symbol corresponds directly to the song or example you want to hear. The symbol at the bottom left appears next to each song or example for which there is an accompanying video demonstration. Track 1 of the audio will help you tune your guitar.



### DVD-ROM AUDIO

The accompanying DVD includes MP3 files that are playable on a computer, smartphone, or iPod®\*. To access these files, place the disc in the DVD drive of your computer.

**Windows users:** double-click on My Computer, right-click on your DVD drive icon, select Explore, and then double-click on the DVD-ROM Materials folder.

**Mac users:** double-click on the DVD icon on your desktop, and then double-click on the DVD-ROM Materials folder.

\* iPod is a trademark of Apple Inc.

## SPEED PICKING

This technique is the opposite of legato technique because it involves picking every note. This requires coordinating the right and left hands. They must be perfectly synchronized to play cleanly at high speeds.

Here is a triplet exercise that can be played on every string, starting on any fret. This exercise will help you develop your speed picking skill. Start slowly, and gradually increase your speed. By the way, this is a great warm-up exercise, too.

27



Track 10.1

VIDEO EXAMPLE

Here is another triplet exercise. It is a repeating figure played on two strings.

28



Track 10.2

# STRING-SKIPPING PATTERNS

**VIDEO** If you feel adventurous, check out these string-skipping exercises that combine patterns. These patterns are played on the 5th, 3rd, and 1st strings.

**A**

**B**

**C**

**D**

**E**

Here are two licks in the key of A that use string skipping on the 5th, 3rd, and 1st strings:

58  
Track 24.1

**A** Amin

**B**

**VIDEO**  
EXAMPLE  
59  
Track 24.2

**A** Amin

**B**

Learning and memorizing the triads and their inversions will help you create interesting rhythm guitar parts. They open up many possibilities that are not available to someone who hasn't explored beyond the ever faithful barre chords. Each string set has its own tonal color as well as its own fingering. Here are some I–vi–IV–V progressions on the 1st string set.

VIDEO  
EXAMPLE

The diagram shows two rows of four guitar fretboards each, representing chord shapes for I, vi, IV, and V. The first row shows the chords in the 12th position (XII), and the second row shows them in the 7th position (VII). The chords are: I (EMaj), vi (C#min), IV (AMaj), and V (BMaj). Each fretboard has a circled 'R' indicating the root note.

Check out these rhythm guitar parts incorporating triads. In many cases, triads are broken up and embellished. For instance, in the first measure of Example 118, the E Major triad on the first string set is embellished with a slide from the F into the G, and the addition of a high F on the 1st string. While the three notes of the triad are never struck together, they are all present.

118  
Track 52.1  
VIDEO  
EXAMPLE

Example 118 is a 4/4 rhythm guitar part. The treble clef staff shows a sequence of chords: EMaj, C#min, AMaj, and BMaj. The guitar staff shows fret numbers and fingerings for each measure. The first measure is marked with an 'S' (slide) and shows a slide from F to G on the first string, with a high F on the first string. The second measure is marked with a 'H' (hammer-on) and shows a hammer-on from F to G on the first string. The third measure is marked with a 'H' and shows a hammer-on from F to G on the first string. The fourth measure is marked with a 'H' and shows a hammer-on from F to G on the first string.

119  
Track 52.2

Example 119 is a 4/4 rhythm guitar part. The treble clef staff shows a sequence of chords: EMaj, C#min, AMaj, and BMaj. The guitar staff shows fret numbers and fingerings for each measure. The first measure is marked with a 'H' and shows a hammer-on from F to G on the first string. The second measure is marked with a 'H' and shows a hammer-on from F to G on the first string. The third measure is marked with a 'H' and shows a hammer-on from F to G on the first string. The fourth measure is marked with a 'H' and shows a hammer-on from F to G on the first string.