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## TUNE UP

In the DVD menu, select Tuning. It will take you to a page where you will hear an audio track that will play each string several times, starting with the 1st string, high E. Compare your strings to this audio track to get in tune with the DVD.

## A NOTE ABOUT THE VIDEO

The DVD video corresponds to lessons in the book and the two are intended to be used together. Video lessons included on this DVD were filmed at various times over the period of a year; thus, you will note wardrobe and lighting changes from lesson to lesson.

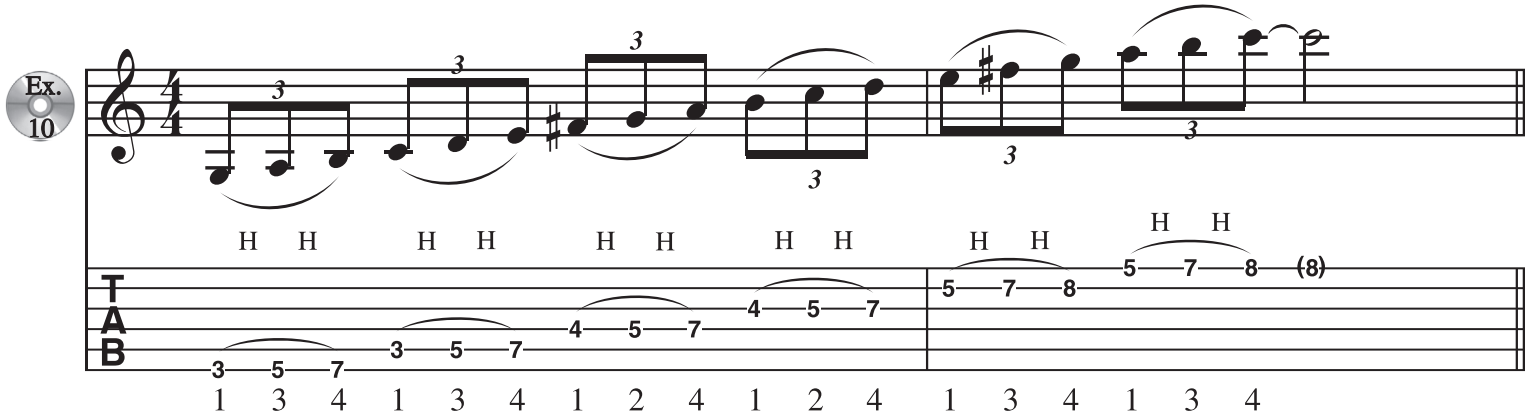
# Legato

*Legato* means to play smoothly, without a lot of separate attacks. One of the easiest ways to play this way on the guitar is to use lots of hammer-ons and pull-offs, where we pick one note and then play the next, or even the next few notes, with the left hand alone.

## THREE-NOTE-PER-STRING G MAJOR SCALE

Below is a three-note-per-string G Major scale, starting at the 3rd fret of the 6th string. Ascend the scale using legato. Instead of picking each note, pick the first note and then hammer on the next two.

Ex. 10



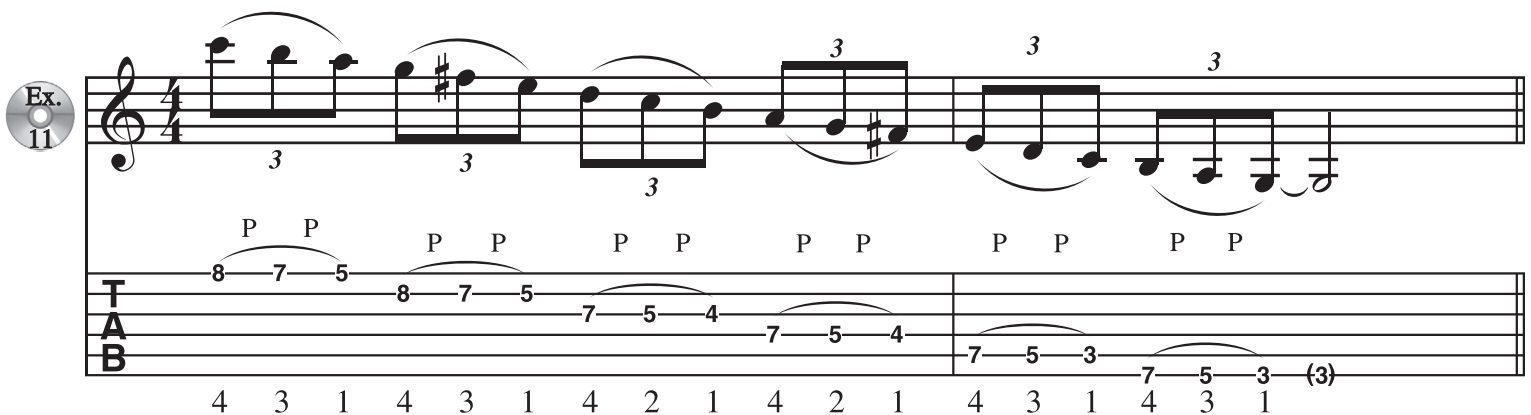
H H H H H H H H

TAB 3 5 7 3 5 7 4 5 7 4 5 7 5 7 8 5 7 8 (8)

B 1 3 4 1 3 4 1 2 4 1 2 4 1 3 4 1 3 4

To descend, pick the first note and pull off to the next two. Make sure you don't lift your fingers straight up; get some friction between your fingertip and the string by pulling down a bit, too. Pick just the first note of each string.

Ex. 11



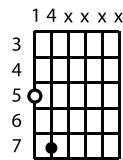
P P P P P P P P

TAB 8 7 5 8 7 5 7 5 4 7 5 4 7 5 3 7 5 3 (3)

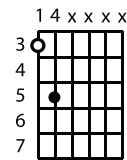
B 4 3 1 4 3 1 4 2 1 4 2 1 4 3 1 4 3 1

## ADDING POWER CHORDS TO THE TRIPLET PATTERN

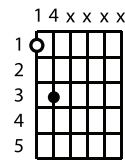
A really cool way of getting used to playing triplets is by jamming. We'll use the A5, G5, and F5 power chords:



A5



G5



F5

We'll add a triplet fill to each one. This is a great way of dressing up the chords, and you'll get used to the actual window of time you have for the triplet.



Ex. 33

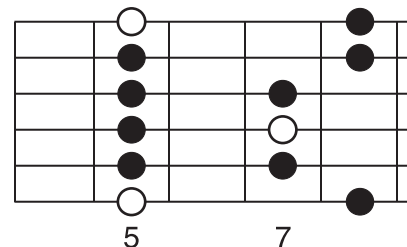
A5 G5 F5

T  
A  
B

7 5 | 7 5 | 5 7 8 | 5 7 8 | 5 3 | 5 3 | 3 5 7 | 3 5 7 | 3 1 | 3 1 | 0 1 | 4 0 | 1 4 | 5

## APPLYING A PENTATONIC SCALE TO THE TRIPLET PATTERN

Triple-picking through a scale is a nice way of getting used to the triplet. We'll play a minor pentatonic scale, like example 34.



But let's pick each note three times, playing a triplet, before going to the next note.



Ex. 35

T  
A  
B

5 5 5 | 8 8 8 | 5 5 5 | 7 7 7 | 5 5 5 | 7 7 7 | 5 5 5 | 8 8 8 | 5 5 5 | 8 8 8 | 5

This time, we're going to play the minor pentatonic scale straight through instead of hitting each note three times, but keeping the same triplet feel. Count to yourself: 1-2-3, 1-2-3, 1-2-3, 1-2-3, and so on like that.



Ex. 36

T  
A  
B

5 8 | 5 7 | 5 7 | 5 8 | 5 8 | 8 5 | 8 5 | 7 5 | 7 5 | 7 5 | 8 5

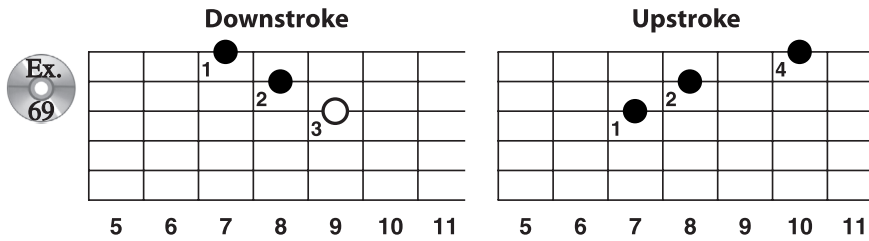
# Sweep Picking

*Sweep picking* involves playing a series of notes on adjacent strings with a single downward or upward motion, allowing for great speed with little work. This lesson will get you started with this technique by using arpeggio shapes that you can use immediately to make great sounding music. We'll take a look at how to do it, and how to use it.

## INTRODUCING SWEEP PICKING

Let your pick fall through the strings smoothly, in one big motion, and don't let your pick bounce. The example below shows a great shape to get started. This example definitely has a triplet feel. It is an Emin7 shape.

### Emin7 Shape



Emin7

Musical notation for an Emin7 sweep picking exercise. The notation includes a treble clef staff with a 4/4 time signature, a guitar TAB staff, and a bass staff. The treble staff shows a sequence of six triplets of eighth notes, each starting with a downstroke (V) or upstroke (v). The TAB staff shows fret numbers: 9-8-7-10-8-7-9-8-7-9-8-7-9-8-7-10-8-7-9. The bass staff is empty.