

Contents

Introduction.....	3	Descending Three-Scale Pentatonic Lick.....	29
About German Schauss.....	3	Descending Six-String Pentatonic Lick	29
Whammy Bar.....	4	Ascending Shred Lick	30
Vibrato	4	Rhythmic Phrasing.....	31
The Dive Bomb.....	4	How Many Measures!?	31
The Artificial Harmonic Whammy Bar Trick.....	5	Rhythmic Variation Using Rests:	
The Animal Growl Effect.....	6	Eighth-Note Lines.....	32
Pentatonic Whammy Bar Lick	6	The Sounds of Hendrix.....	33
Speed Picking.....	7	Chordal Coolness	33
Alternate Picking Septuplets	7	Another Descending Chordal Lick.....	34
Crazy Speed Descending Septuplets.....	7	One More Chordal Lick in A.....	34
Three-Note-Per-String Ascending Septuplets	8	Head to Hands.....	36
C-Sharp Diminished Scale Run	8	Sweep Picking Two-String Arpeggios	36
Sweep Picking and Tapping	10	Sweep Picking Six-String Arpeggio	38
String Sweeps With Some Spice!	10	More Diatonic Arpeggio Madness.....	39
More Sweeping and Tapping.....	13	Arpeggiating Triads in Sequences of 4ths	40
Across the Fretboard	14	Extra Head to Hand Practice	41
String Skipping	15	Other Extended Techniques	42
Inside-Outside Picking Technique	15	String-Skipping Sequences With Tapping	42
String-Skipping Madness	16	More String-Skipping Sequences With Tapping	43
Two-String Arpeggios	18	Five- and Four-Note Sequences with Tapping	43
Slap, Mute, and Pluck	20	C Lydian Tapping Sequence.....	44
Slap Basics	20	Extra Extended Techniques Practice.....	45
The Right-Hand Pluck	21	The Sounds of the World	46
The Right-Hand Muted Slap.....	21	The Algerian/Double Harmonic Scale	46
Slap-and-Pluck-o-Rama	22	The Egyptian Scale	47
Extra Slap, Mute, and Pluck Practice	23	The Balinese Scale	47
Hybrid Picking 101.....	24	Japanese Pentatonic Scales	48
Hybrid Picking with the A Minor Pentatonic Scale.....	24	Congratulations!	48
Pedal Tone Pivot Lick	26		
Pedal Tone Lick in A Harmonic Minor.....	26		
Extra Hybrid Picking Practice.....	27		
Creative Use of the Pentatonic Scales.....	28		
The Basics.....	28		
Insight on Penatonic Scales.....	29		

TUNE UP

In the DVD menu, select Tuning. It will take you to a page where you will hear an audio track that will play each string several times, starting with the 1st string, high E. Compare your strings to this audio track to get in tune with the DVD.

A NOTE ABOUT THE VIDEO

The DVD video corresponds to lessons in the book and the two are intended to be used together. Video lessons included on this DVD were filmed at various times over the period of a year; thus, you will note wardrobe and lighting changes from lesson to lesson.

Speed Picking

Have you ever dreamed of your fingers racing up and down the fretboard at breakneck speeds? Have you ever wondered how you could achieve a “fluid” sound when alternate picking scales and licks? This lesson will let you in on some speed-picking secrets.

ALTERNATE PICKING SEPTUPLETS

Let's take a look at this speed-picking lick. Here, we use alternate picking to play seven notes on each beat. This kind of note grouping is also called a *septuplet*. Try emphasizing the note played right on the beat, as I do on the video.

Ex.
8

Musical notation for Ex. 8. It shows a treble clef staff with a 4/4 time signature. Above the staff, there are vertical bars indicating picking direction: V, V, V, V, V, V, V, etc. Below the staff, the tablature shows a repeating sequence of notes on the 5th, 7th, 8th, 7th, 5th, 7th, 8th strings. The tablature is labeled "T A B".

The picking direction of every first note will change when playing groups of odd numbers of notes. Practice the repetitive lick until you lock in with a metronome and then increase the tempo. Make sure the picking is clean and feels comfortable.

CRAZY SPEED DESCENDING SEPTUPLETS

Here is a longer, three-note-per-string run that covers a lot of the fretboard.

Ex.
9

Musical notation for Ex. 9. It shows a treble clef staff with a 4/4 time signature. The tablature below shows a long descending run across the entire fretboard, starting from the 19th fret and ending at the 8th fret. The tablature is labeled "T A B". The notation includes a "simile" instruction above the 14th fret. The tablature is labeled "T A B".

Practice this slowly at first, and then speed it up, little-by-little. Then, try to come up with your own licks using this three-note-per-string approach.

Capo

You have probably noticed the capo being used in the video. It's there to help control extra noise from open strings. It has no effect on the notes I am playing, and it is not necessary for you to do this, too.

ACROSS THE FRETBOARD

This arpeggio is a neat little Amin7 phrase, which extends over almost the entire fretboard, covering four octaves.

Ex. 15

Amin7

8va

5 5 3 3 3 3

H H T T T P P P

T A B

14 13 12 15 17 20 22 20 17 15 12 13 14 12 9 10 12 7 8 5

3 2 1 3 4 1 2 3 1 2 4 1 4 1

Use the 2nd and 3rd finger of the right hand to tap the C and D notes at the 20th and 22nd frets of the 1st string.

Use this lesson's ideas to come up with your own long arpeggio phrases.

Have fun!