ELEMENTS

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PART 1: 16th-NOTE ELEMENTS

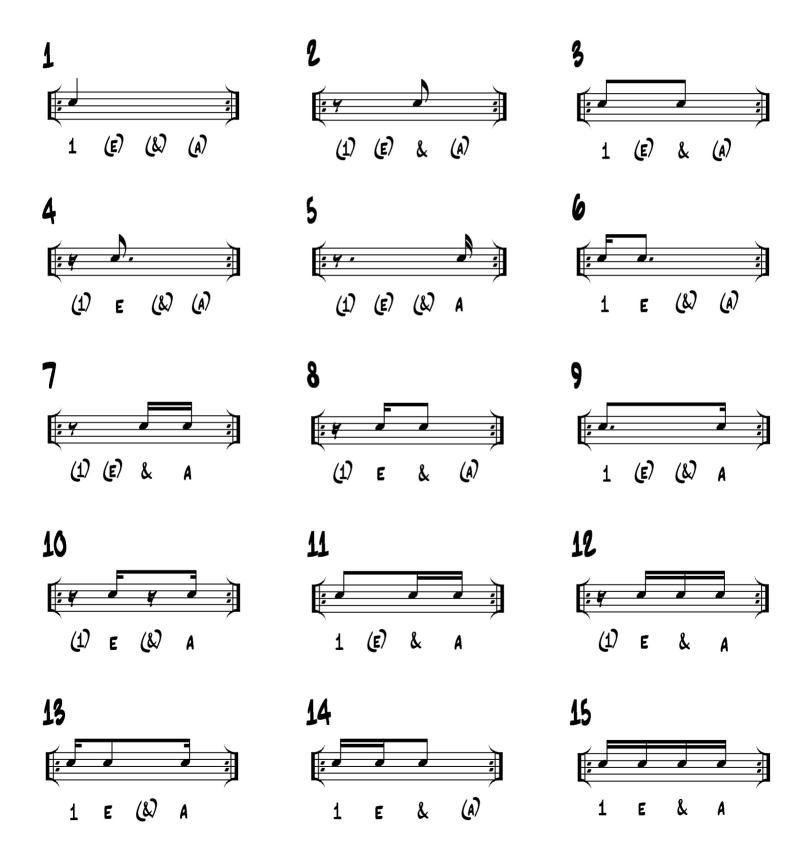
"To reach a higher level, just when you think you are giving all you can give, that's the time to give more. Give 110%!"

- Dom Famularo

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1. 16th-Note Elements

Here are the 16th note Elements. These are all the possible permutations of one beat of sixteenth notes. It is important to be 100% proficient in each one of these. These Elements will become the crucial building blocks of your drumming vocabulary. Practice these individually on a pad or snare drum, with a metronome, until they are comfortable.



1a. Basic Elements Exercise

The following exercises are repetitions of each Element to make sure you are comfortable with them. Make sure to count the 16th-note subdivisions out loud. This is a time for you to break the Elements down and analyze them. This is just a practice drill; it doesn't yet have anything to do with applying the Elements with a band.

