

dedicated to the participants of the 2011 All-County Choral Festival, Wayne County, NC  
Sally K. Albrecht - Guest Conductor

# TAMA TU

(A Maori Proverb)

for 3-part mixed voices and piano  
with optional SoundTrax CD\*

Words and Music by  
SALLY K. ALBRECHT

With rhythm and drive (♩ = ca. 80)

PIANO *mf*

5 PART I *mf*  
PART II  
PART III

+Ta - ma  
*mf*  
+Ta - ma

9

tu, ta - ma - ra; ta - ma noh - o, ta - ma  
tu, ta - ma o - ra; ta - ma noh - o, ta - ma

\* Also available for 2-part/S.S.A. (35640). SoundTrax CD available (35641).

+ Pronunciation Guide: Tah-mah too, tah-mah oh-rah (flip the "r"); tah-mah noh-oh, tah-mah mah-teh ki  
(rhymes with the English word "eye"). Translation: He who stands, lives; he who sits, suffers . . .  
meaning an active person will remain healthy, while a lazy one might not. So exercise and be involved every day.

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To purchase a full-length performance recording of this piece, go to [alfred.com/downloads](http://alfred.com/downloads)

12

ma - te kai. — Ta - ma tu, ta - ma o - ra; ta - ma

ma - te kai. — Ta - ma tu, ta - ma o - ra;

15

noh - o, ta - ma ma - te kai. —

ta - ma noh - o, ta - ma ma - te kai. —

18

19

Ta - ma tu, ta - ma o - ra; ta - ma

21

noh - o, ta - ma ma - te kai. — Ta - ma tu, ta - ma

24

o - ra; ta - ma noh - o, ta - ma ma - te kai. — Ta - ma

27

tu, ta - ma o - ra; ta - ma noh - o, ta - ma

Ta - ma tu, ta - ma o - ra; ta - ma noh - o, ta - ma

30

ma - te kai. \_\_\_ Ta - ma tu, ta - ma o - ra; ta - ma

ma - te kai. \_\_\_ Ta - ma tu, ta - ma o ra;

Detailed description: This system contains measures 30, 31, and 32. It features a vocal line with lyrics and a piano accompaniment. The lyrics are: "ma - te kai. \_\_\_ Ta - ma tu, ta - ma o - ra; ta - ma" on the top line and "ma - te kai. \_\_\_ Ta - ma tu, ta - ma o ra;" on the bottom line. The piano accompaniment consists of chords in the right hand and a bass line in the left hand.

33

noh - o, ta - ma ma - te kai. \_\_\_

ta - ma noh - o, ta - ma ma - te kai. \_\_\_

Detailed description: This system contains measures 33, 34, and 35. It features a vocal line with lyrics and a piano accompaniment. The lyrics are: "noh - o, ta - ma ma - te kai. \_\_\_" on the top line and "ta - ma noh - o, ta - ma ma - te kai. \_\_\_" on the bottom line. The piano accompaniment continues with chords and a bass line.

36

Detailed description: This system contains measures 36, 37, and 38. It features a vocal line and a piano accompaniment. The vocal line is mostly empty, with some notes in measure 36. The piano accompaniment continues with chords and a bass line.

Detailed description: This system contains measures 39, 40, and 41. It features a vocal line and a piano accompaniment. The vocal line is mostly empty. The piano accompaniment continues with chords and a bass line.

39

*mp*

Come, gath - er to - geth - er, ku - ku - ti,\* one \_\_\_ and

*mp*

42

all.

*mp*

Now is the time, po a - ta ra - u.\*\* \_

45

*cresc.**mf*

Come hear the call! Ta - ma

*cresc.*

\* Koo-koo-tee (to gather together)  
 \*\* Poh ah-tah rah-oo (Now is the hour)

48

tu, ta - ma o - ra; ta - ma noh - o, ta - ma

*mf*

Ta - ma tu, ta - ma o - ra; ta - ma noh - o ta - ma

*mf*

51

ma - te kai. — Ta - ma tu, ta - ma o ra; ta - ma

ma - te kai. — Ta - ma tu, ta - ma o - ra;

54

56

noh - o, ta - ma ma - te kai. —

ta - ma noh - o, ta - ma ma - te kai. — Come sing!

57

Pū - o - ro!\* \_ Come dance!

Ka - ni - ka - ni!\* Come sing!

61

Pū - o - ro! \_ Come dance! Ta - ma

Ka - ni - ka - ni!

64

tu, ta - ma o - ra; ta - ma noh - o, ta - ma

Come sing! Come dance! Ka - ni - ka - ni!

\* Poo-oh-roh (to sing); Kah-nee-kah-nee (to dance)

67

ma - te kai. — Ta - ma tu, ta - ma o - ra; ta - ma

Come sing! Come dance!

70

noh - o, ta - ma ma - te kai. — Ta - ma tu, ta - ma

Ka - ni - ka - ni! Ta - ma tu,

73

o - ra; ta - ma noh - o, ta - ma ma - te kai. — Ta - ma

ta - ma o - ra; ta - ma noh - o, ta - ma ma - te kai. —





76

tu, ta - ma o - ra; ta - ma noh - o, ta - ma

Ta - ma tu, ta - ma o - ra; ta - ma noh - o ta - ma

79

80

ma - te kai. — Ta - ma tu, ta - ma o - ra; ta - ma

ma - te kai. — Ta - ma tu, ta - ma o - ra; ta - ma

82

noh - o, ta - ma ma - te kai. — Ta - ma tu, ta - ma

noh - o, ta - ma ma - te kai. — Ta - ma tu,

85

o - ra; ta - ma noh - o, ta - ma ma - te kai. \_\_\_

ta - ma o - ra; ta - ma noh - o, ta - ma ma - te kai.

88

*cresc. to end*

Ta - ma tu, ta - ma tu, ta - ma

*cresc. to end*

Ta - ma tu, ta - ma tu, ta - ma

*cresc. to end*

91

*ff*

tu! Ka pai!\* - Well done!

*ff*

tu! Ka pai!\* - Well done!

*ff*

\* Kah pi (like the English word "pie") - well done