

## Foreword

What a funtastic way to teach and to learn about saving our environment and our earth—through music! After all, when we learn something musically, we learn it for life!

Your students will become the leaders, the movers, and the shakers, as they sing and share their tips for living smarter and cleaner lives. Watch as they commit to better habits *plus* convince their friends and families to do the same.

This publication can be used as a songbook, or use the “Smart Tips” before each song to create a 25-minute program. Additional “Smart Tips” (included on page 51) may be added in order to include even more narrators in your presentation.

Please note that the **Enhanced SoundTrax CD** offers the following:

- Access to both Full-Performance and Accompaniment recordings (on your CD player).
- Downloadable PDF files of the reproducible student pages and the full color program cover/poster (on your computer). The purchase of this CD carries with it the right to display these images on an electronic blackboard in the classroom and/or on a school website.

We have included additional “Smart Tips” to share with your students and audience on page 51. Have your students create “Smart Tips” posters, selecting one “Tip” to write on each poster, and adding a drawing or design. Display these posters in the halls or in the auditorium.

Most of all, prove to your students that it really is *Easy Being Green!*

*Sally K. Albrecht*      *Jay Althouse*

Sally K. Albrecht and Jay Althouse



# 1. IT'S EASY BEING GREEN

Words and Music by  
SALLY K. ALBRECHT  
and JAY ALTHOUSE

Broadway opener (♩ = ca. 144)

PIANO *mf*

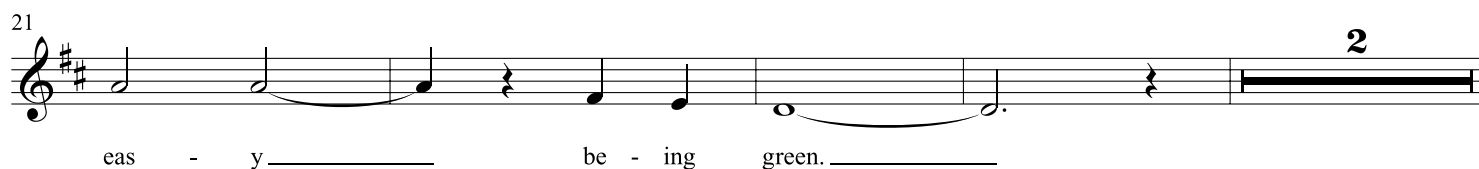
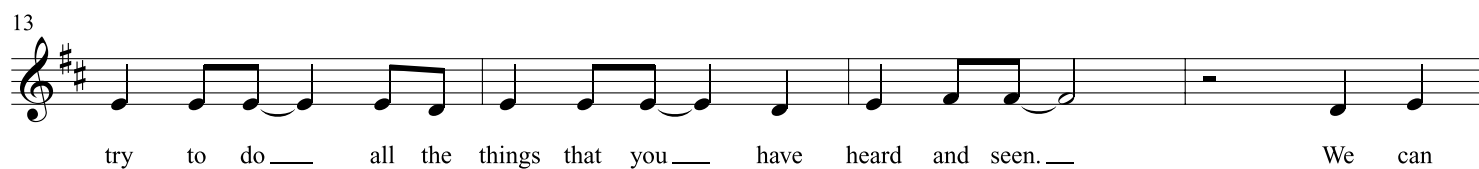
5 *mf*

9

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# Staging Notes

## 1. IT'S EASY BEING GREEN

m1 — reach above to the R with both hands and clap in. Repeat. Repeat twice on m2.

m3 — repeat 4X to L.

m5 — repeat 4X to center.

m7-8 — clap front using piano rhythm.

CHORUS (m9 and m38):

m9 — step touch 4X w/gentle thigh hit to R and L.

m13 — punch R fist across body to L on beat one, repeat on m14, then pan R palm across L to R.

m17 — step touch 4X w/gentle thigh hit.

m21 — punch R fist across body to L on beat one.

m23 — repeat as before on intro with hand claps to R 4X then to L 4X.

VERSE 1 — lean low to audience, stand tall and count off fingers, lean low, stand tall and point out.

VERSE 2 — act out driving (several people in each pretend “car”), then a few shoppers walk across downstage.

m50 — punch R fist across body to L twice.

m52 — punch L fist across body to R twice.

m54 — form small clusters on stage. Lift a jazz hand on final *green*, then give a thumbs up!

## 2. THE BAG LADY

Select a fun gal with lots of personality and give her a big blue canvas bag (with a name tag) to play “The Bag Lady” for this song. Have her enter first on stage, so that everyone sees her. Then let her “shop” out among the audience. You may plant a few students out there and on stage to sell her various “smart” items, such as a thermos, a plant, some fruit, kitchen towels or a roll of recycled paper towels, a clothes line and clothespins, a box of CFL light bulbs, etc. By the end of the song, her bag is quite full!

## 3. TURN IT OFF!

Each student should have a small flashlight that is easy to turn on and off in his/her R hand .

CHORUS (m5 and m21)

m5 — shine light out at audience to R.

m6 — shine light out at audience to L.

m7 — shine light on own face from below (opt. nod head on beat).

m9 — shine light out at audience to R.

m10 — shine light out at audience to L.

m11 — shine light on own face from below (opt. nod head on beat).

m12 — turn off on word *off* — or cover it up.

VERSES (m13)

m13 — shine light on R side of face.

m15 — shine light on own face from above.

m17 — shine light L side of face.

m19 — shine light on own face from below and shake/shimmer the light.

m29 — get short and shine light on own face from below (opt. nod head on beat).

m30 — turn off on word *off* — or cover it up.

m31 — stand tall and shine on own face from below (opt. nod head on beat).

m32 — shine light R, shine light L.

m33 — shine light front. Turn light off on final piano note.

## 4. DRIP, DRIP, DROP, DROP

CHORUS (m5 and 43)

Think of yourselves as robots, moving only on beats 1 and 3 of each measure. Half of the students go R up, L up, R down, L down with their arms (lifting and dropping hands up the sides of the body.) The other half goes R down, L down, R up, L up. Or alternate rows. On measures of rest, turn in a circle like a robot, or make up own moves.

VERSES (m25)

m25 — “Thinker” pose (R elbow under chin, L arm folded underneath) with a pulse first to the R. Wait for the answer (opt. solo).

m33 — reverse “Thinker” pose (L elbow under chin) with a pulse to the L.

m39 — turn in a circle or make up own moves.

END OF SONG

m51–52 — the robots run out of gas, lowering themselves down.

# Smart Tips

## IN THE HOME

- ☐ Install a programmable thermostat. It can be programmed to automatically lower the temperature at night or during the day when nobody is home. This can lower heating and cooling bills.
- ☐ Install a water-filtration system on your faucet. You'll spend less on purified/bottled water. This also results in less plastic to recycle.
- ☐ Install a low-flow shower head. Try an aerating model. This will save hundreds of gallons of hot water.
- ☐ Use an EPA WaterSense model toilet tank. This uses only 1.3 gallons of water per flush as compared to 3.5 gallons for a regular toilet. Save up to 4,000 gallons per year. Another option is to place a water-filled bottle in your existing toilet tank to reduce the amount of water used per flush.
- ☐ Use a coffee maker and thermos/travel mug with a closeable spout. Skip the daily trip to the local coffee shop and save \$20+ each month.
- ☐ Wash clothes in cold water. It will save the energy needed to heat water, plus your clothes will last longer. Use natural laundry detergent, concentrated.
- ☐ Consider drying clothes outside on a clothesline. Invest in an indoor clothes rack. If you use the dryer, make sure to clean out the lint filter before each use, making your dryer more energy efficient and improving air flow. Choose a dryer with a moisture sensor, allowing the dryer to automatically turn itself off when the clothes are dry.
- ☐ Eliminate junk mail. Remove your name from unwanted mailing lists and catalog lists. Visit [ecocycle.org/junkmail](http://ecocycle.org/junkmail) and [catalogchoice.org](http://catalogchoice.org)
- ☐ Eat your leftovers!
- ☐ Recycle or refill your print cartridges for your computer's printer.

## AT SCHOOL OR WORK

- ☐ Bring a set of utensils, plates, and a cup/glass, rather than wasting paper products.
- ☐ Pack lunches in a reusable lunch box/bag and reusable containers.
- ☐ Plug all of your equipment into a power bar and turn it off at the end of the day.
- ☐ Put your computer to sleep, using less power during periods of inactivity.

## OUTDOORS

- ☐ Celebrate Earth Day on April 22nd by planting a tree.
- ☐ Plant a tree to commemorate a special event or anniversary.
- ☐ Trees provide natural insulation for your home, enough to cut heating and cooling bills by 10% to 30%.
- ☐ Become a member of the Arbor Day Foundation ([arborday.org](http://arborday.org)). Find out which trees grow best in your area.

## GIFTS/PARTIES

- ☐ Wrap packages wisely. Save and reuse wrapping paper, bows, and gift bags. Wrap a gift using an old poster or pieces of leftover cloth. Or make the wrapping part of the gift (a flashlight inside a reusable water bottle, a kitchen utensil wrapped inside a kitchen towel, jewelry wrapped inside a matching blouse or scarf, etc.)
- ☐ Give gifts that give back. Make donations to help those in need, to build shelters for disaster areas, or to help other worthy causes.
- ☐ Send cards printed on recycled paper. Or try e-cards this year.
- ☐ Make Valentines using old decks of playing cards, especially the "hearts!"
- ☐ Consider hosting a "green" birthday party that gives back. Ask children to bring donations or gifts for a worthy cause (Salvation Army, Goodwill, an animal shelter, local zoo, or aquarium, etc.). Check out "sponsor-an-animal" programs locally or at [worldwildlife.org](http://worldwildlife.org)
- ☐ Hold a party at a local organic farm, nature center, or city park to help children learn about caring for the natural environment. Perhaps there's a "plant-a-tree" program.