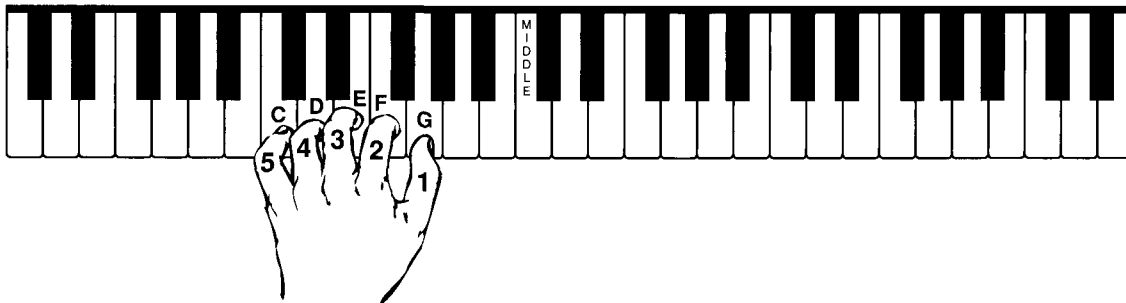


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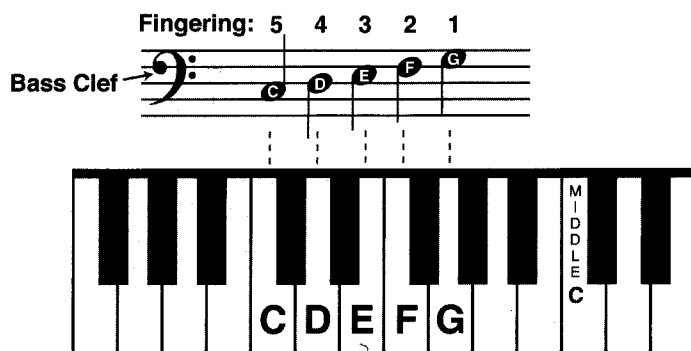
Left Hand C Position

Place the left hand (LH) on the keyboard so the fifth finger falls on the C below (to the left of) middle C. Let the remaining fingers fall naturally on the next four white keys. Keep the fingers curved and relaxed.



The Bass Staff

Notes for this position are written on the *bass staff*. Like the treble staff, the bass staff has five lines and four spaces. The C played by 5 is written on the second space. Each next higher note is written on the next higher line or space. Notice that when notes are below the middle line of the staff, the stems point up, and when notes are on or above the middle line, the stems point down.



Left Hand Warm-up

Begin very slowly. Set the metronome at ♩ = 50 or slower. Gradually increase tempo to ♩ = 80.

mf

Fingers: 1 2 3 4 5 1 2 3 4 5

5 4 3 2 1 5 4 3 2 1

1 2 3 4 5 5 4 3 2 1