Land Between the Lakes

Land Between the Lakes is a 170,000 acre national recreation area in western Kentucky and northern Tennessee. It was formed when two parallel rivers, the Cumberland and the Tennessee, were dammed, creating Kentucky Lake and Lake Barkley. Visitors can enjoy a living history farm, a nature station, a planetarium, and wildlife, including a bison herd.

Peaceful hiking trails wind through dense forests, meadows, and along the lakeshores.



Mammoth Cave

Beneath the surface of the Green River valley and the hilly country of south central Kentucky lies Mammoth Cave. Mammoth Cave is the world's longest cave. More than 350 miles of passages have been mapped so far. The cave is 379 feet deep and has at least five levels of passages. Visitors can choose from many tours on lighted paths. Of special interest are the mineral deposits known as stalactites and stalagmites that are formed by slowly dripping water.

These can be found in the sections called Frozen Niagra and the Drapery Room.



The Kentucky Derby

Called "the most exciting two minutes in sports," the Kentucky Derby is a race for three-year old thoroughbred horses. It is held yearly at Churchill Downs race track in Louisville on the first Saturday in May and is also known as "the run for the roses" because a blanket of roses is draped over the winning horse. The race attracts 155,000 fans, including Queen Elizabeth II in 2008. Eight U. S. presidents have attended in the past. Steeped in tradition, women wear large, elaborate hats, and the crowd stands and sings Stephen Foster's My Old Kentucky Home as the University of Louisville Marching Band plays and the horses parade before the grandstand.

