# STRING ALTERNATIVES SERIES

# Chopagroove (A Rhythm Fantasy for Strings)

By Darol Anger

## INSTRUMENTATION

Conductor Score		
Violin I		
Violin II	 	8
Viola	 	5
Cello		5
String Bass	5	5

# **Program Notes**

Vernacular violinist Darol Anger, who has developed and popularized the percussive "chopping" technique that has transformed contemporary string playing all over the world, wrote *Chopagroove*. Darol and his colleagues in the Turtle Island Quartet and The Republic of Strings have opened up a new percussive world for string instruments with this technique. This piece was developed by Darol over countless string coaching sessions all over the world, and reflects his interest in Latin-rock styles, such as those of Carlos Santana and his various collaborators. More of Darol's work can be heard on his website, www.darolanger.com.



#### **Notes to the Conductor**

Chopagroove is a simple Latin-rock groove piece with opportunities for building pizzicato skills as well as making string students aware of groove. This piece is actually playable without the chop technique, and students can either play the patterns with the bow slightly off the string or attempt the actual chop technique. A good approach is to divide each section into 2 groups: one group chops, and the other sustains the indicated notes. This thickens the harmonic texture and allows players to move forward at their own pace, minimizing rhythmic confusion within the group.

To play any kind of contemporary music within a drum-less string ensemble, one must consider the role of drums and percussion as a driving force, supplying the dynamic groove feeling through which the melodies and harmonies entwine. If string players study modern fiddling styles, they can discover techniques that enable a fuller participation in an ensemble, reaching far beyond the choice of melody or counter-melody. In nearly all contemporary popular music, rhythmic emphasis is placed on the backbeat, which in a bar of 4/4 corresponds to the second and fourth beats. This gives the rhythm a forward motion and propulsive lift. Particularly in bluegrass music, the fiddle will often emphasize the backbeat by making a "chop" sound on the second and fourth beats. The bow is brought down on the string next to the frog and bounced off, making a 'chop' sound, not a clear note. (Ex. 1 Backbeats)

Since the Turtle Island String Quartet depended on bowed string instruments for all rhythmic and harmonic elements, we expanded the "chop" into a combination rhythm and harmony sound. We combined the "chop" with integrated up and down bow strokes using double stops and individual notes. This conveys the effect of a guitar and percussionist, or even bass and rhythm guitar, supplying a rhythmic and harmonic basis for the melodic lines.

#### Basic technique:

- 1. Grip bow normally, then "roll" thumb out to opposite bend position (Photos 1 & 2). This frees up the wrist to attack within 1–2 inches of the frog. The stick should be rolled out slightly to the outer knuckles so that the bow hair is on the "far" side of the stick.
- 2. The bow is brought straight down on the string using mostly wrist motion, making a no-note "chop" sound. Elbow is slightly down, arm relaxed. The bow rests on the string. Don't pick up the bow! (Photo 3)
- 2a. The bow is "popped" off the string with a slight up-bow motion. (Photo 4)
- 3. Do (2) and (2a) again. (Ex. 1)

## Further technique:

A small array of bow strokes has evolved which are combined into patterns to form various grooves. Here is a notation key for the main strokes. (Chop Nomenclature)

- 1. On the upstroke, hold the fingers down on two strings and produce a note. (Ex. 2)
- 2. Try a soft down stroke alternating with a hard down stroke. (Ex. 3)
- 3. Example 4 shows a simple but effective groove pattern alternating between a C chord and an F chord. To maintain the groove, the up-down pattern is continued even through rests, using small bow retakes.

A step-by-step in-depth video instruction and performance of the piece is in my instructional DVD, *Chops And Grooves*, on Homespun Tapes, DCR-FI21. It is available on my website, www.darolanger.com, or at www. homespuntapes.com.



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CONDUCTOR SCORE

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