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About the Online Audio



The recording contains most of the exercises and all of the tunes included in this book, so you may listen and play along with them. On many of the tracks, the drums will fade out so you can play along with the song on your own, and sometimes the drums will fade back in towards the end of the song. The audio tracks also serve as drum models to help strengthen time keeping, improve ensemble playing, clarify phrasing and expand your knowledge of styles.

Striking the Drum

1. Hold the tip of the right stick above the drumhead.
2. Use the wrists (not the forearms) to lift the stick about four inches off the drum.
3. Drop the stick on the drum and let it return to the up position. It should strike near, but not on, the center of the drumhead.
4. Repeat, using the left stick.
5. Repeat, **slowly**, making sure that both sticks strike within the same beating area.



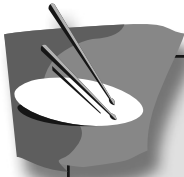
Striking the Ride Cymbal

1. First, extend your right hand as if you were going to shake hands.
2. Place the stick between your thumb and first finger (see matched grip).
3. Curve the other fingers around the stick (see matched grip).
4. Strike the cymbal about two inches from the edge.
5. Depending on the tempo and volume, the height of the stick producing the ride-cymbal stroke should be about four inches off the cymbal.



The Bossa Nova Rhythm

The basic feel of the bossa nova comes from playing straight eighth notes on either the ride cymbal or hi-hat, and dotted quarter/eighth-note rhythms on the bass drum. The snare drum cross-stick rhythm imitates the clave rhythm.



Practice Warm-up

Before playing along with the recording, practice each exercise alone until you are comfortable with them. Play each two times: the first time with drums, and the second without. Be sure to count!

Cheater Bossa Track 24

♩ = 100 (Play 2 times)

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

H.H.

B.D.

1 2 & 3 4

C.S.

1 2 3 & 4

Basic Bossa Track 25

♩ = 100 (Play 2 times)

1 & 2 & 3 & 4 &

H.H.

B.D.

1 2 & 3 4 &

C.S.

1 2 3 & 4 1 2 & 3 4