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# Preface

Everyone can gain great satisfaction from listening to and playing musical instruments. Almost everything around us, including our bodies, can be used as a sound source. Discovering musical sounds with everyday objects can be both fun and rewarding.

A number of musical sounds can be produced with simple, inexpensive objects found around the home. Many of these non-traditional instruments (such as pots and pans, bowls, and cardboard boxes) can be tuned to a variety of pitches by the use of finger pressure. Like traditional instruments, these objects can be used with parents and other family members in the home for personal enjoyment or in the classroom by teachers interested in stimulating creative ideas for their students. All these items can be great tools in the study of both sound and rhythm awareness.



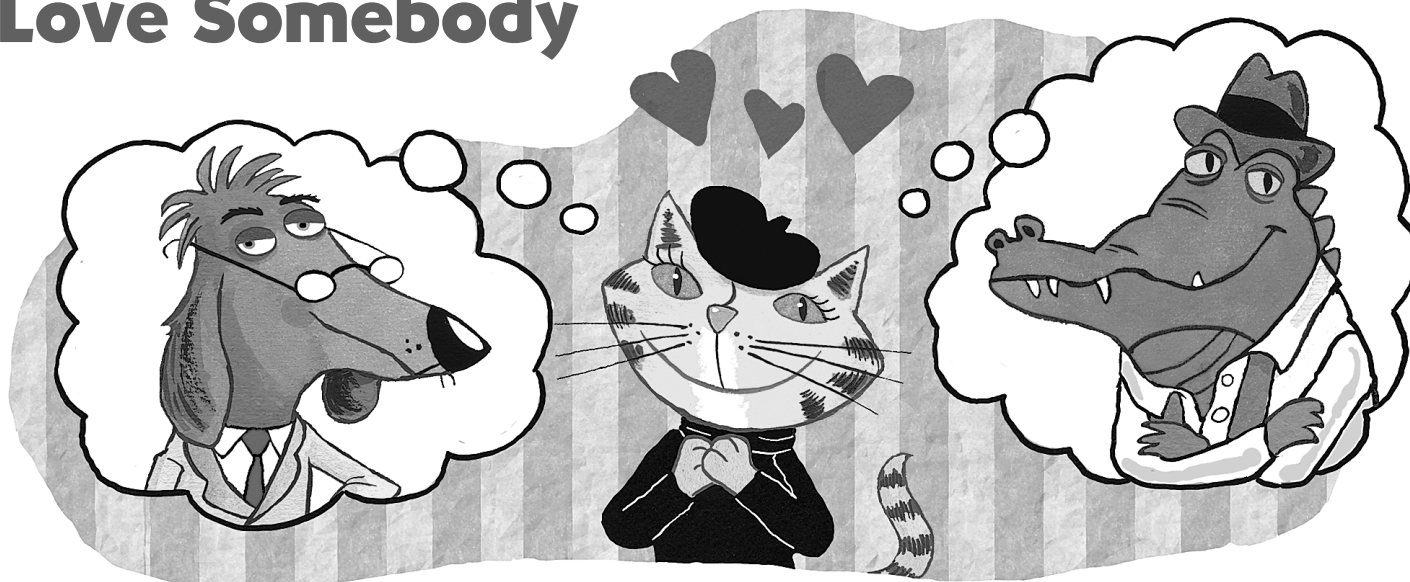
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### About the CDs

The CDs contain many of the exercises and all of the songs included in this book, so you can listen and play along with them. The CD tracks also serve as a model to help strengthen time keeping, improve ensemble playing, clarify phrasing and expand your knowledge of musical styles.

# Love Somebody



Before playing along with the CD, practice each part alone until you are comfortable with it. Start slowly, and gradually increase the tempo. Once you've mastered part 1 and can comfortably play it with track 16 on the CD, go back and play part 2 along with the same track.



1. **R.H.** **4/4**

**L.H.**

Love some - bod - y, yes I — do! Love some - bod - y, won't - say who.

Love some - bod - y, can you — guess? Who's the one that I love best?

## Alternate Part

2. **R.H.** **4/4**

**L.H.**

\*Do not play for a whole measure.

# Sha Lee Hung Ba

## (A Chinese Folk Song)



Use two different sound sources for this song.  
Before playing along with the CD, practice each part separately until you are comfortable with it.  
Start slowly, and gradually increase the tempo.

**Moderato** (♩ = 108)  
*mf*

Sound Source 1

Where do all the cam-els come from? Sha lee hung ba, Hay - yee, hay!

Sound Source 2

From the des - ert and the moun-tain Sha lee hung ba, Hay - yee, hay!

### Review: Body Drumming

You can also use your body as a sound source to tap out the rhythms.  
Your body's "drumset" includes hand claps, foot stomps, finger snaps, leg pats, chest pats and head pats.

Go back and play track #5 again using two different sound sources (hands, feet, etc.). Both parts can be played by one person.

clap hands

S.S. 1

S.S. 2

R.F. L.F. (etc.)