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## About the DVD

The DVD contains valuable demonstrations of all the instructional material in the book. You will get the best results by following along with your book as you watch these video segments. Musical examples that are not performed with video are included as audio tracks on the DVD for listening and playing along.

# FINGER WARM-UPS ON THE WHITE KEYS

Now let's try playing on the white keys. In these warm-ups, the notes are black circles with the name of the key to be played inside. The finger numbers appear **above** notes played with the right hand (RH) and **below** notes played with the left hand (LH).

Finger: **1**

Note: **C**

One of the reasons that music notation is easy to read is that it looks the way it sounds. As the pitch goes up, the notes look higher on the page; as the pitch goes down, the notes look lower on the page. The warm-ups below are great examples of this.

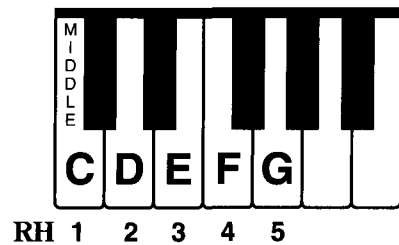
## Right-Hand Warm-up No. 1

Start on middle C. This is the right-hand C Position.

RH 1 2 3 4 5 4 3 2 1

C D E F G F E D C

Right-Hand C Position



## Right-Hand Warm-up No. 2

RH 1 2 3 2 3 4 3 4 5 4 3 2 1

C D E D E F E F G F E D C

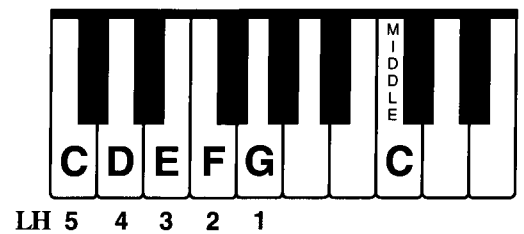
## Left-Hand Warm-up No. 1

Start on the C below middle C. This is the left-hand C Position.

LH 5 4 3 2 1 2 3 4 5

C D E F G F E D C

Left-Hand C Position



## Left-Hand Warm-up No. 2

LH 5 4 3 4 3 2 3 2 1 2 3 4 5

C D E D E F E F G F E D C