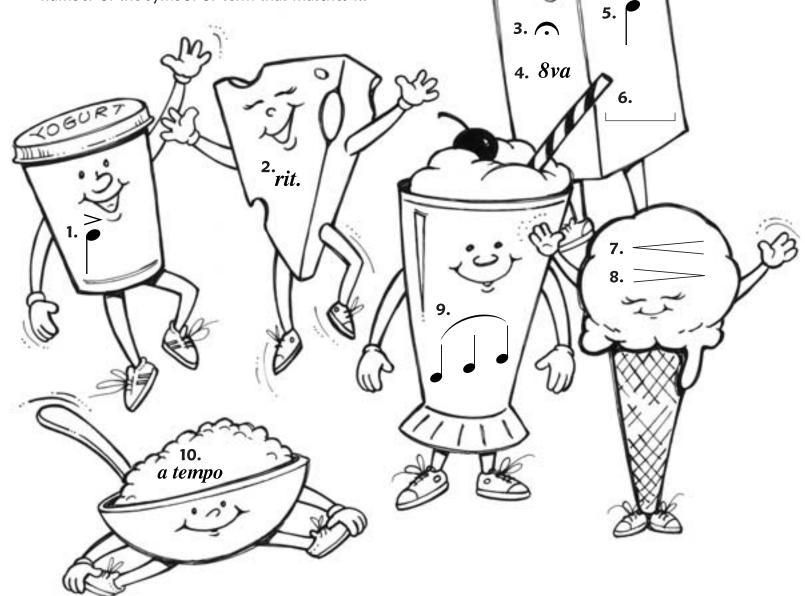
The Milk Group

Foods from the Milk Group help to make your bones strong.

Musical Matching

On the line before each definition, write the number of the symbol or term that matches it.



ritardando: becoming gradually slower

____ damper pedal

____ staccato: play the note short or detached

____ diminuendo: gradually becoming softer

____ accent sign: to emphasize a note

fermata: hold the note longer than its value

____ crescendo: gradually becoming louder

____ play an octave higher

____ slur: play the notes legato

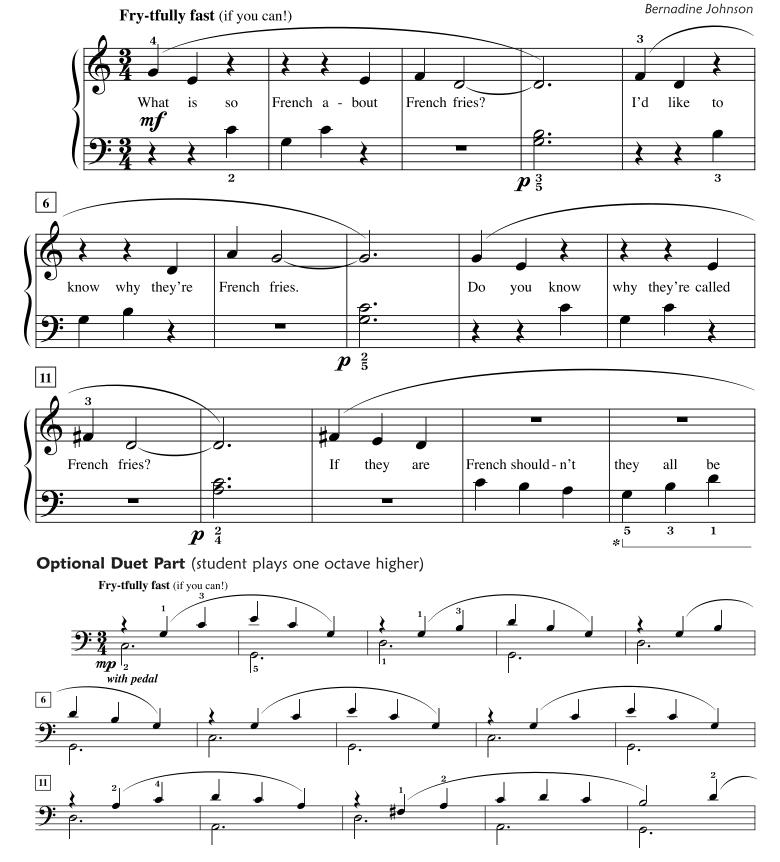
____ return to the original speed

for Carol



French Fries

The Belgians claim to have invented "French" fries, but it can't be proven. French fries are made from potatoes. The potatoes are sliced and then deep-fried in oil. Potatoes were grown more than 5,000 years ago by the Inca Indians of ancient Peru. They measured time in "potato time." We use minutes and hours to measure time today, but the Incas measured time by how long it took to cook a potato.



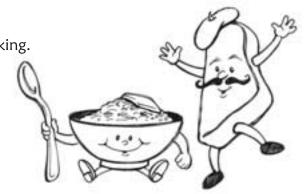
^{*}Pedal used only when played as a solo.

The Grain Group

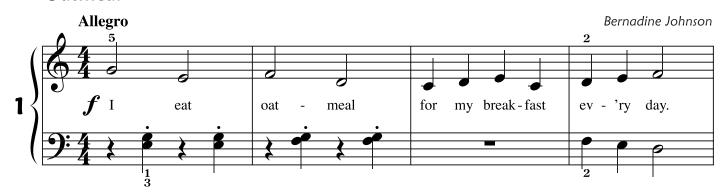
Carbohydrates (grains) give your brain energy for creative thinking.

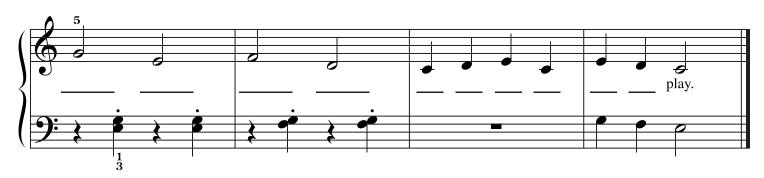
Brain Food

- 1. Choose words to finish each song. Use the ideas given or compose your own words.
- 2. Play and sing the songs you created.

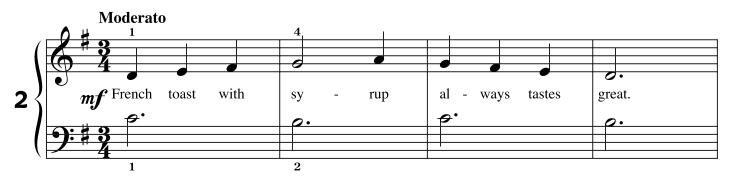


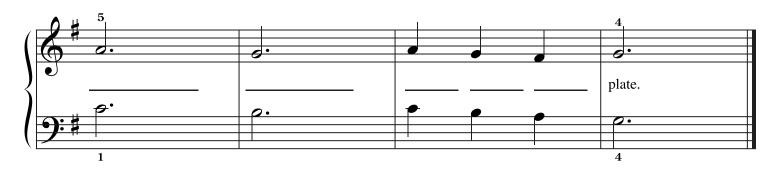
Oatmeal





French Toast





^{2.} Please put some on my plate.

Suggested answers for rhyming:

1. Eating oatmeal makes me strong so I can play.