

*dedicated to the students at
Joseph Emerson Brown Middle School, Atlanta, GA
Roselyn Lewis, Music Teacher*

SEIZE THE MOMENT

for 2-part voices and piano
with optional sign language and SoundTrax CD*

Words and Music by
SALLY K. ALBRECHT and JAY ALTHOUSE

Andante ($\text{♩} = \text{ca. } 84$)

PART I

PART II

PIANO

Andante ($\text{♩} = \text{ca. } 84$)

mp

4

mp

Hand in hand, _____ side by

mp

Hand in hand, _____

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The musical score consists of four staves. The top two staves are for 'PART I' and 'PART II', each with a treble clef and a '4' indicating common time. The third staff is for 'PIANO', featuring a treble clef, a bass clef, and a '4'. The fourth staff is a continuation of the piano part. Measure 1 shows rests for all parts. Measures 2-3 show eighth-note chords for the piano. Measures 4-5 show eighth-note chords for the piano. Measures 6-7 show eighth-note chords for the piano. Measures 8-9 show eighth-note chords for the piano. Measures 10-11 show eighth-note chords for the piano. Measures 12-13 show eighth-note chords for the piano. Measures 14-15 show eighth-note chords for the piano. Measures 16-17 show eighth-note chords for the piano. Measures 18-19 show eighth-note chords for the piano. Measures 20-21 show eighth-note chords for the piano. Measures 22-23 show eighth-note chords for the piano. Measures 24-25 show eighth-note chords for the piano. 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Measures 200-201 show eighth-note chords for the piano.

* Also available for S.A.T.B., Level Four (21206) and S.A.B., Level Three (21207). SoundTrax CD available (21209). Sign language is on page 12.

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cresc. poco a poco

side.

Hand in hand, side by side. Here we
cresc. poco a poco

side by side.

Hand in hand, side by side. Here we

cresc. poco a poco

10

stand, filled with pride. Seize the mo - ment.

stand, filled with pride. Seize the mo - ment.

12

*mf**decresc.*

4

15 **mp** (opt. solo)

Live ev-ry mo-ment.
Live for to - mor-row.
Face Face
ev-ry ev-ry

ho - ur.
chal-lenge.

18 (end solo)

mp (opt. solo)

Treas ure each sun - set, each new
Know what is right and what is

We are the
We are the

(end solo)

mf

We are the
We are the

mf

24

fu-ture;— we are the prom-ise.—
fu-ture;— we are the prom-ise.—

fu-ture;— we are the prom-ise.—
fu-ture;— we are the prom-ise.—

27

We have the dreams to lead the way.
We have the dreams to see us through.

We have the dreams to lead the way.
We have the dreams to see us through.

30 31

Hand in hand, side by side. Hand in
Hand in hand, side by side.

f

f

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6 33

hand, side by side. Here we stand filled with pride. Seize the
(mel.)

Side by side. Here we stand filled with pride. Seize the

35

mo-moment. Standing tall, standing
mo-moment. Standing tall,

(mel.) 37

36

proud. Stand - ing tall, stand - ing proud. Sing it
proud. Stand - ing tall, stand - ing proud. Sing it

38

— stand - ing proud. Stand - ing proud. Sing it

40

out, say it loud. Seize the mo - ment

out, say it loud. Seize the mo - ment

out, say it loud. Seize the mo - ment

42

right now.

1. *decresc.*

right now.

decresc.

decresc.

45

(to m. 15, p. 4) 2.

now. There's a

now. There's a

(to m. 15, p. 4) 2.

now. There's a

world we can see where all peo - ple will be free. So

world we can see where all peo - ple will be free. So

let us be-gin to - day, to - day. Hand in

let us be-gin to - day, to day.

hand, side by side. Hand in hand, side by side. Here we

Hand in hand, side by side. Side by side. Here we

56

stand, filled with pride. Seize the mo-ment.
(mel.)

stand, filled with pride. Seize the mo-ment.

stand, filled with pride. Seize the mo-ment.

58 (mel.) 59

Stand-ing tall, stand-ing proud. Stand-ing

Stand-ing tall, stand-ing proud.

Stand-ing tall, stand-ing proud.

61

tall, stand - ing proud. Sing it out, say it loud. Seize the
Stand - ing proud. Sing it out, say it loud. Seize the

Stand - ing proud. Sing it out, say it loud. Seize the

Stand - ing proud. Sing it out, say it loud. Seize the

10 63

decrec.
mo-ment right now. decrec.

mo-ment right now.

s'ra 1
decrec.

66

mf

— Hand in hand, — side by

mf

— Hand in hand, —

mf

—

rit. Slower *mp*

side. The mo-ment is now. —

mp Slower

side by side. The mo-ment is now. —

rit. Slower *p*

21208

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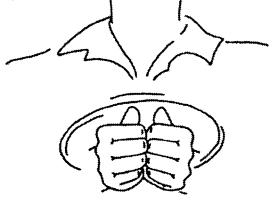
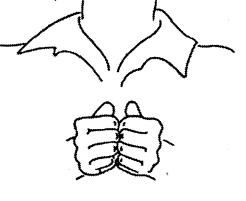
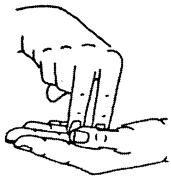
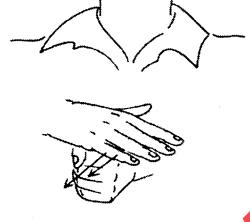
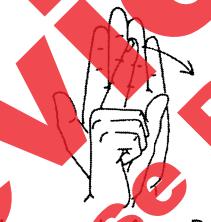
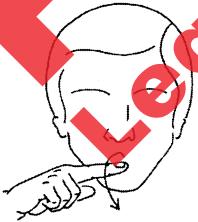
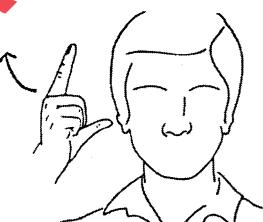
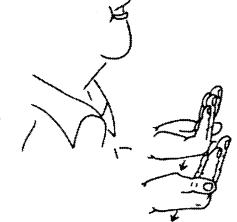
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Signs from **The Joy of Signing**, second edition, by Dr. Lottie L. Riekehof.

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Note: Sign Language for *Seize The Moment* is featured on
Sally K. Albrecht's choral movement video - *Showtime!* (Alfred #21176)

<p>Seize the Moment by Sally K. Albrecht and Jay Althouse</p>	<p>HAND IN HAND ("together")</p>  <p>Place the "A" hands together or clasp them, circle from the R.</p>	<p>SIDE BY SIDE ("with")</p>  <p>Place the "A" hand close together (not quite touching) on your R, then L.</p>	<p>HERE</p>  <p>Both open hands move forward and circle out w/palms up.</p>
<p>STAND/STANDING</p>  <p>Place the R "V" in a standing position on the L palm.</p>	<p>FILLED</p>  <p>Brush R open palm across top of L fist ("S").</p>	<p>WITH</p>  <p>Place both "A" hands together, palm to palm.</p>	<p>PRIDE/PROUD</p>  <p>Place R "A" hand against chest and move slowly upward.</p>
<p>SEIZE ("catch")</p>  <p>Open R hand moves over the back of the open L hand, both close quickly.</p>	<p>MOMENT</p>  <p>L open palm faces R. R index rests against it, then moves forward.</p>	<p>TALL</p>  <p>L open palm faces R. R index moves up along L palm.</p>	<p>SING</p>  <p>Extend L arm. R fingertips move back and forth.</p>
<p>SAY</p>  <p>R index finger, pointing to the L, rolls forward from the mouth.</p>	<p>LOUD</p>  <p>R "L" moves out and up from R ear.</p>	<p>NOW</p>  <p>Both bent hands drop slightly.</p>	<p>Other Alfred Chorals with signing:</p> <p>Cover the World with Love, Estes</p> <p>Our Gift for You, Estes</p> <p>Peace I Leave with You, Mozart/Moore</p> <p>Simple Song of Peace, Estes</p> <p>Surrounded by Love, Estes</p> <p>Where Can We Find Peace?, Albrecht, Althouse</p>