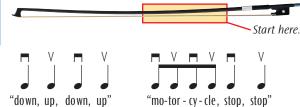




# Ready, Set, Bow



#### **Echo Exercises**

Listen as your teacher or student *soloist* (single player) plays the grey notes. Then, echo back with the black notes.

### Down, Up, Down, Up

Practice: 1. Clap 2. Pizz. 3. Arco



### Motorcycle, Stop, Stop

Practice: 1. Clap 2. Pizz. 3. Arco



#### On Your Own

#### Down, Up, Down, Up

Practice: 1. Clap 2. Pizz. 3. Arco



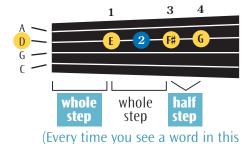
## Motorcycle, Stop, Stop

Practice: 1. Clap 2. Pizz. 3. Arco



# Finger Tips The D Ladder





color box, look it up on page 47.)

4 = four beats per measure

 $\bar{4} = 1$  or  $\chi$  gets one beat

Go back to the beginning

Move bow towards the tip

Move bow towards the frog

Raises the pitch of a note

Plucked

One beat One-half

beat each

With the bow

one half step

One beat of silence

and play again

Time

signature Pizzicato

(Italian)

Repeat sign

Quarter note

Eighth notes

Arco (Italian)

Down bow

Up bow

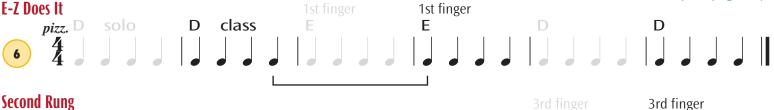
Sharp

Quarter rest

pizz.

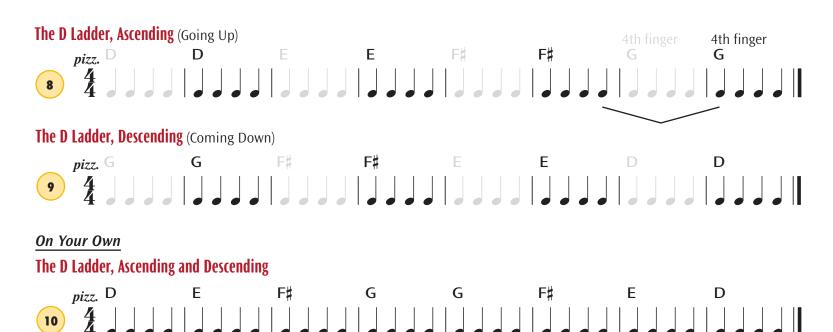
arco

### **Echo Exercises**











#### **ARCO'S HISTORY HIGHLIGHTS**

The *violin family* of instruments, which includes the violin, viola and cello, came into existence during the late 1500s in Europe. The shape of the instruments is based on the design of the earlier *viol family* of instruments. The string bass is actually a *viol*—compare its shape with that of a violin, viola or cello. What are the differences? What's the same?

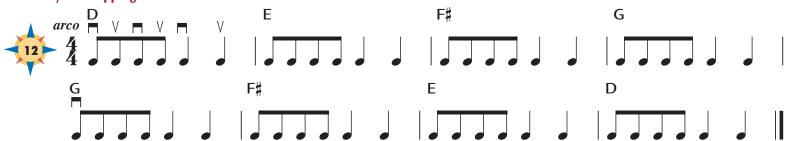
# **Putting It Together**

## **Bowing the D Ladder**

Sing along! The syllables below the notes are called solfège syllables.



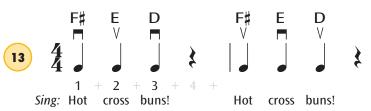
#### **Motorcycles Stopping on the D Ladder**

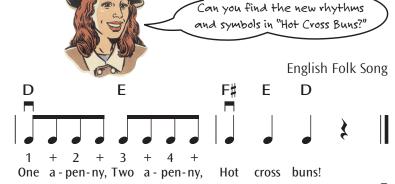


Try making up a new rhythm of your own—maybe from the beats and syllables of your name. Play "The D Ladder, Ascending and Descending" using your new rhythm.

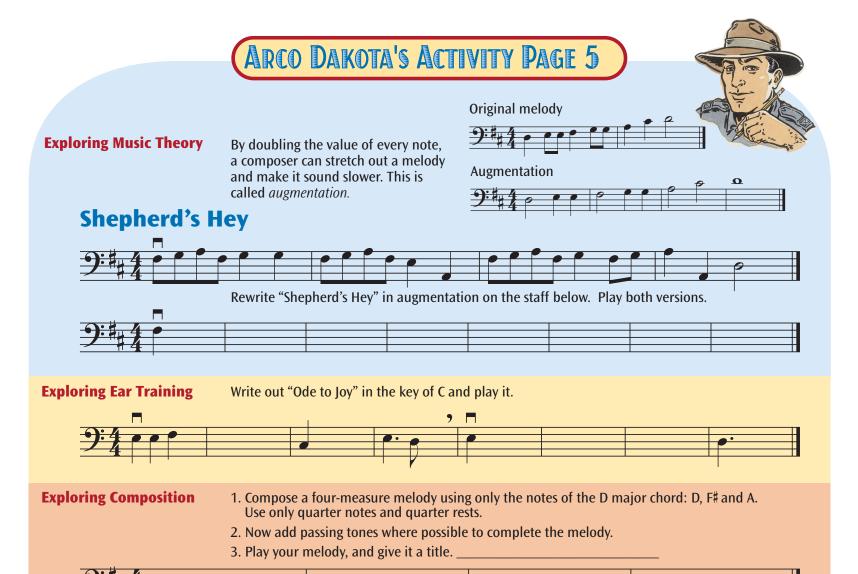
## Our First Song!







Hey, Hot Shot!



**Exploring Improvisation** 

Play the tune "Bile Them Cabbage Down," then improvise your own variation using the notes of the D pentatonic scale.



# **Bile Them Cabbage Down**



Can you sing this tune using solfège?

**Exploring World Music** 

The Hardanger fiddle (known as *hardingfele* in Norwegian) is often called the national instrument of Norway. A hardingfele is usually heavily decorated with pearl inlay and elaborate carvings. It has four or five *sympathetic* strings that run underneath the fingerboard and add echoing overtones to the sound. Melodies often use a double-stop *drone* note. The tunes, or *slattar*, are played for dancing and other events. The following "Bridal March" comes from the deepest part of the Valdres Valley in central Norway.

## **Bridal March from Valdres**



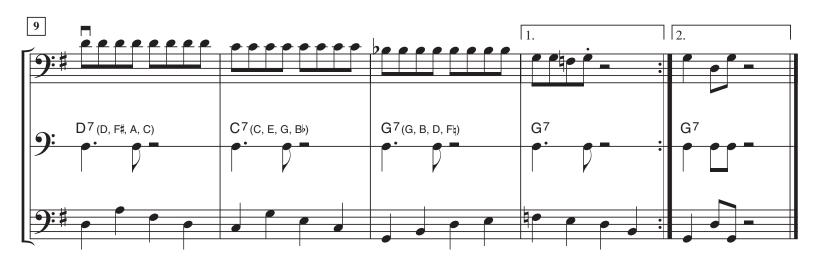
Learn to play the tune using just the top notes. Then, try adding the double-stop drones. Finally, try marching in place (still seated in your chair!) to the beat of the tune as you play it, imitating a bridal march.

# EXPLORING THE BLUES

# 175 Arco's Blues







- 1. Play the Tune and swing the eighth notes.
- 2. Play the Backup rhythm on open G.
- 3. Play the Backup rhythm using one of the chord tones provided.
- 4. Play the Bass line pizzicato.

- 5. Play through "Arco's Blues" three times, each time playing a different line.
- 6. Try improvising a tune using the following pitches: *Blues scale*

