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= The Symbol for a Warm-Up Exercise

Kitty and Mickey

(A Preparatory Song for "Perpetual Motion") - Exercises in Finger-Pattern Notation

⊙1 Tuning Notes

On Track 1 you will hear the open strings of the violin: E – A – D – G (A = 441 Hertz).

⊙4 Your New Piece – "Kitty and Mickey"

Practice **the silent cradle from the E to the G string** at the 1/4-, 1/2- and 3/4-stripes while listening to "Kitty and Mickey" on the recording.

With each new section, change the stripe at which you are doing the silent cradle. How many sections does this piece have?

⊙2 The Third Finger-Dance (on the G String with Portato Strokes)

a) **Pluck** the finger-dance and pay special attention to a beautiful left-hand position.

- Does your fourth finger hover above the string?
- Is it always curved when it touches the string?
- Is your thumb loose and relaxed on the violin neck?
- Are your hand and forearm in a straight line? Your wrist should not be bent.

b) When you are satisfied with your execution of exercise a) above, you may play the finger-dance with the bow.

- Always play two down- and two up-bows in succession.
- Place a brief rest between the notes: **Down-down up-up down...**

G	0 1 0 1	0 1 0	1 2 1 2	1 2 1
	Down-down up - up	down down up!	Down	etc.

Careful! The bow strokes in the last two measures are a little bit different.

The Low G Major Scale

First finger-pattern:	0-----00 1-----2/3

Begin with the silent cradle from the E to the G string, then play the low G major scale with the first "Twinkle" rhythm. Your fingers should be placed on the stripes as usual.

The High G Major Scale

Second finger-pattern:	00-----0 1/2-----3

This scale begins with the third finger on the D string. You must place your second finger directly next to the first finger on the A and E strings in order for the scale to sound correct.

Begin by playing this exercise pizzicato and watch closely the placement of your fingers.
During the **ready-play-rests**, prepare the finger for the next note.

A		0	1	**Ready! =** place the 2nd finger directly next to the 1st finger	**Play!**	low 2
D	3					

E	**Ready! =** 1st finger stays on the string. As soon as the 3rd finger has found its place on the A string, quickly lift the 2nd finger!	**Play!**		0	1	low 2
A			(1+)3			

E	low 2	1		**Ready! =** place the 1st and 3rd fingers on the A string. The 2nd finger remains in the air.	**Play! =** rock the bow to the A string	
A			0			(1+)3

A	**Ready! =** place the 2nd finger directly next to the 1st finger	**Play!**	low 2	1	0	
D						3

The Bow Scheme on the Open D String

Step 1. To prepare for the new piece, play the third "Twinkle" rhythm on the open D string.

Step 2. The bowing for **"The Bear Family"** is very similar. Here, the two short strokes **(ti-ke)** should be slightly separated from one another. All **fast** strokes should have an accent and should be bowed very rapidly. Play the rhythm on the open D string: **ti-ke fast, ti-ke fast, ...**

Step 3. Now you can play along with the recording (Tracks 8 and 9) and accompany **"The Bear Family"** on the open D string with the previously practiced rhythm. You will certainly notice that the **fast** strokes become somewhat gentler and broader in the middle of the piece (up-beat to measure 12 until the fermata).