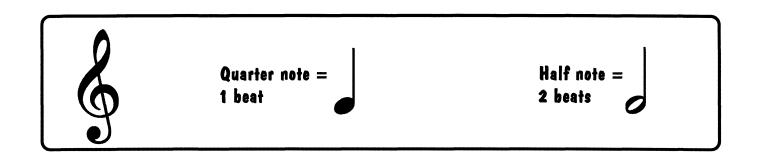
Contents for this Book and the Accompanying Recording

	Introduction	6
	Practical Comments and Explanation of Symbols	7
	Let's Start with a Song!	8/9
<u>○ 1</u>	The Tuning Notes $E - A - D - G$ (A = 441 Hertz)	
Twinkle	, Twinkle Little Star, <i>Folk Song</i>	Pages 10-27
⊙ 2	The First Twinkle Rhythm	(Drum)
⊙ 3	Rhythm on E	(Violin and Piano)
	The Silent Cradle - a Preparatory Exercise for Silent String Crossings	
⊙ 4	Rhythm on A	(Violin and Piano)
⊙ 5	Rhythm on E and A	(Violin and Piano)
0.6	Rhythm with Three Fingers (plucked)	77 H
⊙ 6	Rhythm with Three Fingers (bowed)	(Violin and Piano)
⊙ 7	Rhythm on E and 1	(Violin and Piano)
⊙ 8	Rhythm on E and 3 The Bell Tone Sens with Bests	(Violin and Piano)
⊙ 9	The Bell-Tone Song with Rests The First Variation with Rests	(Diama and Down)
⊙ 9 ⊙ 10	The Theme on the Open E String	(Piano and Drum)
0 10	Recommendations for Learning the Remaining Twinkle Variations	(Violin and Piano)
⊙ 11	The Second Twinkle Rhythm	(Drum)
⊙ 12	Rhythm on E (Second Twinkle Rhythm)	(Violin and Piano)
⊙ 13	Rhythm on E and A (Second Twinkle Rhythm)	(Violin and Piano)
⊙ 14	Rhythm with Three Fingers (Second Twinkle Rhythm)	. (Violin and Piano)
⊙ 15	The Third Twinkle Rhythm	(Drum)
⊙ 16	Rhythm on E (Third Twinkle Rhythm)	(Violin and Piano)
⊙ 17	Rhythm on E and A (Third Twinkle Rhythm)	(Violin and Piano)
⊙ 18	Rhythm with Three Fingers (Third Twinkle Rhythm)	(Violin and Piano)
⊙ 19	The Fourth Twinkle Rhythm	(Drum)
⊙ 20	Rhythm on E (Fourth Twinkle Rhythm)	(Violin and Piano)
⊙ 21	Rhythm on E and A (Fourth Twinkle Rhythm)	(Violin and Piano)
⊙ 22	Rhythm with Three Fingers (Fourth Twinkle Rhythm)	(Violin and Piano)
⊙ 23	The Fifth Twinkle Rhythm	(Drum)
⊙ 24	Rhythm on E (Fifth Twinkle Rhythm)	(Violin and Piano)
⊙ 25	Rhythm on E and A (Fifth Twinkle Rhythm)	(Violin and Piano)
⊙ 26	Rhythm with Three Fingers (Fifth Twinkle Rhythm)	(Violin and Piano)
⊙ 27	The Clapping Game	(Piano and Drum)
₽ ⊙ 28	The A Major Scale with Rests	(Violin and Piano)
P	The A Major Scale without Rests	
⊙ 29	First Variation with Rests Before the Third Finger	(Piano and Drum)
⊙ 30	Second Variation with Rests Before the Third Finger	(Piano and Drum)
⊙ 31	Third Variation with Rests Before the Third Finger	(Piano and Drum)
⊙ 32	Fourth Variation with Rests Before the Third Finger	(Piano and Drum)
⊙ 33	Fifth Variation with Rests Before the Third Finger	(Piano and Drum)
⊙ 34	The Theme with Rests before the Third Finger	(Violin, Piano, Drum)
₽ ○ 35	The Bell-Tone Scale	(Violin and Piano)
⊙ 36	All Twinkle Variations and the Theme without Rests - in practice tempo	(Piano Accompaniment)
₽ ○ 37	All Twinkle Variations and the Theme - in performance tempo	(Piano Accompaniment)
Lightly	Row, Folk Song	Pages 28-33
	Practice Tips: The Ten Most Important Steps for Learning a New Piece	
	Practice Tips: The Practice Plan	
	The Bow Scheme of the First Phrase on the Open E String	
10 0 20	Preparatory Exercises for the Cuckoo Song	(Violin and Diana)
₽ ○ 38	The Cuckoo Song	(Violin and Piano) (Violin and Piano)
⊙ 39	Lightly Row – in performance tempo	(Violin and Piano)
⊙ 40	Lightly Row – in a slow practice tempo	(Piano Accompaniment)
⊙ 41	Lightly Row – in a medium practice tempo	(Piano Accompaniment)
⊙ 42	Lightly Row – in performance tempo	
	the Wind, Folk Song	Pages 34-37
₽ ○ 43	The Scale with a Big Cat and a Little Doggy	(Violin and Piano)

	Down-Bow Circles on the Open E String The Bow Scheme on the Open A String	
⊙ 44	The Grasshopper Exercise	(Violin, Piano, Drum)
⊙ 45	Song of the Wind – in performance tempo	(Violin and Piano)
⊙ 46	Song of the Wind – in a slow practice tempo	(Violin and Piano)
⊙ 47	Song of the Wind – in a medium practice tempo	(Piano Accompaniment)
○ 48	Song of the Wind – in performance tempo	(Piano Accompaniment)
	Aunt Rhody, Folk Song	Pages 38-43
Æ	Fitness Training for the Fourth Finger The Bow Scheme	
₽ ○ 49	Snow and Wind on the A String	(Violin and Piano)
₽ ⊋⊙ 49 ⊙ 8	The Rhythm on E and 3 at the 3/4-Stripe of the Bow	(Violin and Piano)
⊙ 50	Go Tell Aunt Rhody – in performance tempo	(Violin and Piano)
⊙ 51	Go Tell Aunt Rhody – in a slow practice tempo	(Violin and Piano)
⊙ 52	Go Tell Aunt Rhody – in performance tempo	(Piano Accompaniment)
Oh Con	ne, Little Children, Folk Song	Pages 44-47
	The Bow Scheme with the Air Bow	
	The Bow Scheme on the Open E String	
	Preparatory Exercise for the String Crossings	
	Preparatory Exercises for the Beginning of the Piece	
	The Beginning of the Song	~ · · · · · · · · · · · · · · · · · · ·
₽ ⊙ 53	Snow and Wind on the E String	(Violin and Piano)
⊙ 54	Oh Come, Little Children – in performance tempo	(Violin and Piano)
⊙ 55	Oh Come, Little Children – in a slow practice tempo	(Violin and Piano)
⊙ 56	Oh Come, Little Children – in performance tempo	(Piano Accompaniment)
	ng, Folk Song	Pages 48-51
₽ ⊙ 57	The First Finger-Dance – an Exercise for All Four Fingers	(Violin and Piano)
	The Bow Scheme for the First Phrase on the Open A String	
	The Second Phrase with the Echo on the Open E String	
	The A Major Arpeggio	
⊙ 58	The Beginning of the Piece May Song – in performance tempo	(Violin and Piano)
⊙ 5 8 ⊙ 59	May Song – in a slow practice tempo	(Violin and Piano)
⊙ 60	May Song – in a medium practice tempo	(Piano Accompaniment)
⊙ 61	May Song – in performance tempo	(Piano Accompaniment)
	long Ago, T. H. Bayly	Pages 52-55
<i>O</i> /		r ages 32-33
ૄ • 62	The Silent Cradle from the E to the D String The Practice Chain in D Major	(Violin and Piano)
4. 5 © 02	The First and Second Phrases in Four Steps	(Violin and Fland)
	The String-Crossing Passage in the Middle Section	
⊙ 63	Long, Long Ago – in performance tempo	(Violin and Piano)
⊙ 64	Long, Long Ago – in a slow practice tempo	(Violin and Piano)
⊙ 65	Long, Long Ago – in performance tempo	(Piano Accompaniment)
	erstorm (A Preparatory Song for "Allegro"), K. Wartberg	Pages 56-61
₽ ⊙ 66	The Second Finger-Dance – a Warm-Up Exercise on the D String	(Violin and Piano)
•-	"Thunderstorm" Preparation in Five Small Steps	
	Preparatory Exercise for the Lightning Strokes	
	The Bow Scheme for the First Two Phrases on the Open E String	
⊙ 67	Thunderstorm – in performance tempo	(Violin and Piano)
⊙ 68	Thunderstorm – in a slow practice tempo	(Piano Accompaniment)
⊙ 69	Thunderstorm – in a medium practice tempo	(Piano Accompaniment)
⊙ 70	Thunderstorm – in performance tempo	(Piano Accompaniment)
	The Two Rapid Passages in Three Steps	
Bow Distri	butions - An Overview	Pages 62-65
	er-Tounge Method	Pages 66-67
	lan (Sample to copy / Book 1)	Pages 68

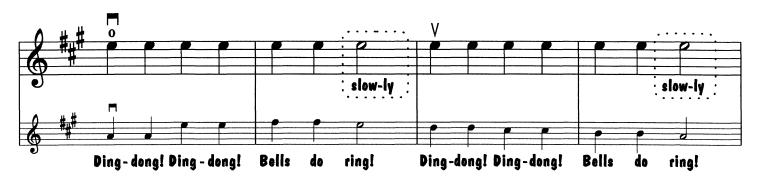
• The First Variation with Rests

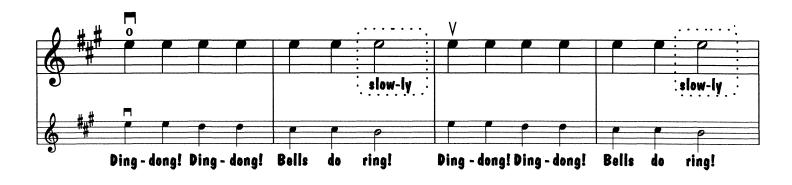


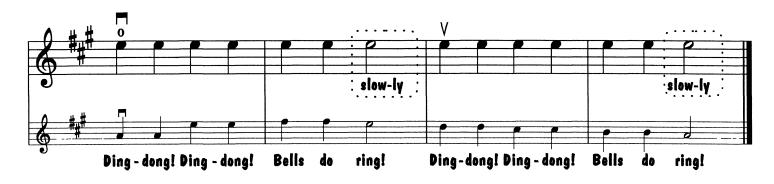


• The Theme on the Open E String

Your teacher or one of your parents should sing or play the lower part.







The Practice Plan

It is sometimes difficult between lessons to remember what to practice and what needs special attention. The practice plan is a valuable aid to help in this task. Your mom or dad should write your homework assignments on a copy of the practice plan. An example to copy can be found on the last page of this book. When you have practiced a topic thoroughly, your parents should enter an X in the corresponding box.

Your responsibility

is to play many pieces as beautifully as possible every day.

Your parents' responsibility

is to pay attention to the special posture and lesson points, since these are now too difficult for you alone. In addition, they should play the recording daily and help you learn the new pieces as explained by your teacher in the lesson.

Below is the practice plan from a five-year-old girl. She practices daily between 15 and 30 minutes with her mother. Unfortunately, on one day they only had five minutes to practice. Can you tell which day that was?

*ロショ Practice Plan マジロネ										
Theme of the Week: Right little finger must be round!										
Date:	May 30	1st day	2 nd day of practice	3 rd day		5 th day of practice	6 th day of practice			
9	Have you listened to the recording today?	X	X	X	X	X	X			
1.	Warm-up Exercise: A Major scale with rests	X	X	X	X	X	X			
2.	Review Piece with Special Task: The Bell-Tone Scale (Is your foot position cornect?)	X	X	X			X			
	Other Review Pieces: The Clapping Game	X	X	X			X			
	Nos. 11 – 18 <u>with CD</u> : 2nd and 3rd 7winkle rhythms (head posture!)					X	X			
	Nos. 19 – 26 <u>without CD</u> : 4th and 5th rhythms (must be much more confident!)	X	X	X		X	X			
3. 3 .	Concert Piece: 7winkle, 1st variation + Theme (Recital next Iriday)	X	X	X	X	X	X			
4.	Exercises for the New Piece: Cuckoo Song	X	X	X		X	X			
	New Piece: Lightly Row: Pluck the beginning	X	X	X		X	X			