



Technic Exercise: Thumb-Under

To help you play scales more smoothly, start the thumb-under motion just as you play the harmonic 2nd on the second beat of each measure. The thumb should be over the key played on the third beat well in advance. Keep the wrist loose and quiet. *Lift off* on the fourth count.

Moderately slow to moderately fast

2nd time 8va

mf > *p* *mf* > *p* *simile* (continue dynamics in the same manner)

mf > *p* *mf* > *p* *simile* (continue dynamics in the same manner)

2nd time 8va (lower)

Playing the C Major Scale—Ascending and Descending

Practice the C major scale hands separately. Begin **slowly** and gradually increase speed. *Lean* the hand slightly in the direction you are moving. The hand should move smoothly along, with no twisting motion of the wrist!

mf *Pass 1 under 3* *Cross 3 over 1*

mf *Pass 1 under 3* *Cross 3 over 1*

New Dynamic Sign

ff (*fortissimo*) = very
loud

Joy to the World



Handel is well-known for his oratorio
Messiah, which is performed
throughout the Christmas season.

George Frideric Handel
(1685–1759)

Joyfully

Musical notation for measures 1-5. Treble clef, 4/4 time. Bass clef accompaniment. Dynamics: *f*. Fingerings: * 1 2 3 1 2 3 4 5 2.

Musical notation for measures 6-10. Treble clef, 4/4 time. Bass clef accompaniment. Dynamics: *ff*. Fingerings: 5 4 3 2 1 3 1 2 3 1.

Musical notation for measures 11-14. Treble clef, 4/4 time. Bass clef accompaniment. Dynamics: *mf*. Fingerings: 3 1 3 5 1 2 5.

Musical notation for measures 15-18. Treble clef, 4/4 time. Bass clef accompaniment. Dynamics: *f*. Fingerings: 5 3 1 3 4.

*Scales occur often in melodies. This favorite melody is made up almost entirely of the C major scale.

Write and Play Exercise

1. In the treble staff under the squares, write the notes of the C major scale. Use whole notes. Add fingering above the notes and then play.

C D E F G A B C

2. In the bass staff over the squares, write the notes of the C major scale. Use whole notes. Add fingering below the notes and then play.

3. Write the name of each note in the square below it—then play and say the note names.

Practice Exercise: Sight Reading

Joyfully

1. *ff*

5 1 3 2

5

5 1 3 rit.

Moderately

2. *mf*

5 1 3 1

5

5 1 3 rit.

Take Me Out to the Ball Game



Find the C major scale in the right hand.

Words by Jack Norworth
Music by Albert von Tilzer

Brightly

1 5 3 1

mf Take me out to the ball game,

5

1 5 3

Take me out with the crowd.

9

3 4 2 1

Buy me some peanuts and crack-er-jacks,

13

2 1 3

I don't care if I nev-er get back. Let me

17

1 5 3 1 2

root, root, root for the home team, If

5

21

1 3 1 3

they don't win it's a shame. For it's

1 3 5 1 2 5

25 *f*

5 1 5 1 3 1 2 1

one, two, three strikes, you're out at the

5 1 2 1 2

29

3 4 5

old ball game.

4 1 5

Practice Exercise: Sight Reading

Moderately

1. *mf*

1 3 5 1 2 5

5

1 2 5 *rit.*

Moderately

2. *mp*

1 3 5 1 2 5

4

1 2 5 *rit.*