Arm-to-Arm Independence

Arm-to-Arm Independence is the skill of doing one motion with one arm and a different motion with the other arm at the same time.

Preparation before Playing
On a tabletop or the fallboard, practice the different motions of the following exercises, hands separately and then hands together.

Three Steps for Developing Arm-to-Arm Independence:

A. Practice hands separately at first.
B. Practice hands together slowly.
C. Be patient! Developing the brain connections for arm-to-arm independence takes time.