

Rhythms & Rests

Frank Erickson

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UNIT 1

Quarters and Eighths

The rhythm studies throughout this book can be played in three different ways:

1. Play all eight measures on one note;
2. Select one measure and repeat it on each note of a scale;
3. Play all eight measures, each one on a different note of a scale.

1. **Triangle**

Tambourine

All adjoining studies (1 & 2) in each unit may be played together. They should first be practiced separately, then combined. The band may be divided into two sections with each section playing a different part. They may also be used with smaller groups or as duets for two single instruments.

2. **Maracas**

Claves

UNIT 4

Cut Time — Alla Breve

Two staves of musical notation in cut time. The first staff begins with a double bar line and a common time signature (C). The music consists of a sequence of eighth notes and quarter notes across two staves.

1. Triangle
Tambourine

Musical score for exercise 1, featuring Triangle and Tambourine parts. The score includes a treble clef, a common time signature, and various rhythmic patterns with accidentals.

2. Crash Cyms.

Musical score for exercise 2, featuring Crash Cymbals. The score includes a treble clef, a common time signature, and various rhythmic patterns.