

Rhythms & Rests

Frank Erickson

Contents

| | |
|--|----|
| UNIT 1 | |
| Quarters and Eighths..... | 2 |
| Quarters and Eighths with Eighth Rests..... | 3 |
| Syncopation..... | 4 |
| Handel and Haydn..... | 5 |
| UNIT 2 | |
| Syncopation with Ties..... | 6 |
| Changing Meters—Constant Quarters..... | 7 |
| Alternating Meters..... | 7 |
| Triplets and $\frac{3}{8}$ Time..... | 8 |
| Rhythmette..... | 9 |
| UNIT 3 | |
| Sixteenth Notes..... | 10 |
| Sixteenth Notes with Rests..... | 11 |
| $\frac{3}{8}$ - $\frac{6}{8}$ - $\frac{9}{8}$ - $\frac{12}{8}$ Time..... | 12 |
| March Sarcastique..... | 13 |
| UNIT 4 | |
| Cut Time—Alla Breve..... | 14 |
| Cut Time—with Eighths and Triplets..... | 15 |
| Quarter-Note Triplets..... | 16 |
| Accents..... | 16 |
| High and Low..... | 17 |
| UNIT 5 | |
| $\frac{5}{8}$ Time..... | 18 |
| $\frac{7}{8}$ Time..... | 18 |
| Changing Meters—Constant Eighths..... | 19 |
| Alternating Meters—Constant Eighths..... | 20 |
| Two Mexican Folk Dances..... | 21 |
| UNIT 6 | |
| Rhythms from Erin..... | 22 |
| Folk-Song Rhythms..... | 23 |
| Ragtime Dance (A Stop-Time Two-Step)..... | 24 |

Copyright © MCMXCV by Alfred Publishing Co., Inc.
All rights reserved. Printed in USA.

Cover illustration: Martin Ledyard



UNIT 1

Quarters and Eighths

Two staves of rhythmic notation in 4/4 time. The first staff shows a sequence of eighth notes and quarter notes. The second staff shows a sequence of quarter notes and eighth notes.

The rhythm studies throughout this book can be played in three different ways:

1. Play all eight measures on one note;
2. Select one measure and repeat it on each note of a scale;
3. Play all eight measures, each one on a different note of a scale.

1.

Four staves of musical notation for rhythm study 1. Each staff is in G major (one sharp) and 4/4 time. The first staff shows a sequence of eighth notes and quarter notes. The second staff shows a sequence of quarter notes and eighth notes. The third and fourth staves show more complex rhythmic patterns.

All adjoining studies (1 & 2) in each unit may be played together. They should first be practiced separately, then combined. The band may be divided into two sections with each section playing a different part. They may also be used with smaller groups or as duets for two single instruments.

2.

Four staves of musical notation for rhythm study 2. Each staff is in G major (one sharp) and 4/4 time. The first staff shows a sequence of eighth notes and quarter notes. The second staff shows a sequence of quarter notes and eighth notes. The third and fourth staves show more complex rhythmic patterns.

UNIT 4

Cut Time — Alla Breve

Two staves of rhythmic notation in cut time. The top staff begins with a double bar line and a common time signature (C). The bottom staff begins with a double bar line and ends with a double bar line. Both staves contain a sequence of rhythmic patterns using quarter notes, eighth notes, and rests.

1.

First musical exercise in treble clef, common time. It consists of four staves of music. The first staff starts with a treble clef and a common time signature. The music features a variety of note values including quarter, eighth, and sixteenth notes, along with rests and accidentals (sharps and naturals). The piece concludes with a double bar line.

2.

Second musical exercise in treble clef, common time. It consists of four staves of music. The first staff starts with a treble clef and a common time signature. The music features a variety of note values including quarter, eighth, and sixteenth notes, along with rests and accidentals (sharps and naturals). The piece concludes with a double bar line.