

# Rhythms & Rests

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# UNIT 1

## Quarters and Eighths

The rhythm studies throughout this book can be played in three different ways:

1. Play all eight measures on one note;
2. Select one measure and repeat it on each note of a scale;
3. Play all eight measures, each one on a different note of a scale.

1.

All adjoining studies (1 & 2) in each unit may be played together. They should first be practiced separately, then combined. The band may be divided into two sections with each section playing a different part. They may also be used with smaller groups or as duets for two single instruments.

2.

## UNIT 4

## Cut Time — Alla Breve

Two staves of rhythmic notation in cut time (C). The first staff starts with a double bar line and a common time signature 'C'. It contains a sequence of quarter notes and quarter rests. The second staff continues the sequence with quarter notes and quarter rests, ending with a double bar line.

1.

First system of a musical exercise in cut time (C). It consists of four staves of music in treble clef. The first staff begins with a treble clef and a common time signature 'C'. The music features a sequence of quarter notes and quarter rests, with some notes beamed together. The second staff continues the sequence. The third staff includes a sharp sign (#) on the second line. The fourth staff concludes the system with a double bar line.

2.

Second system of a musical exercise in cut time (C). It consists of four staves of music in treble clef. The first staff begins with a treble clef and a common time signature 'C'. The music features a sequence of quarter notes and quarter rests, with some notes beamed together. The second staff continues the sequence. The third staff includes a sharp sign (#) on the second line. The fourth staff concludes the system with a double bar line.