

Rhythms & Rests

Frank Erickson

Contents

| | |
|--------------------------------------------------------------------------|----|
| UNIT 1 | |
| Quarters and Eighths..... | 2 |
| Quarters and Eighths with Eighth Rests..... | 3 |
| Syncopation..... | 4 |
| Handel and Haydn..... | 5 |
| UNIT 2 | |
| Syncopation with Ties..... | 6 |
| Changing Meters—Constant Quarters..... | 7 |
| Alternating Meters..... | 7 |
| Triplets and $\frac{3}{8}$ Time..... | 8 |
| Rhythmette..... | 9 |
| UNIT 3 | |
| Sixteenth Notes..... | 10 |
| Sixteenth Notes with Rests..... | 11 |
| $\frac{3}{8}$ – $\frac{6}{8}$ – $\frac{9}{8}$ – $\frac{12}{8}$ Time..... | 12 |
| March Sarcastique..... | 13 |
| UNIT 4 | |
| Cut Time—Alla Breve..... | 14 |
| Cut Time—with Eighths and Triplets..... | 15 |
| Quarter-Note Triplets..... | 16 |
| Accents..... | 16 |
| High and Low..... | 17 |
| UNIT 5 | |
| $\frac{5}{8}$ Time..... | 18 |
| $\frac{7}{8}$ Time..... | 18 |
| Changing Meters—Constant Eighths..... | 19 |
| Alternating Meters—Constant Eighths..... | 20 |
| Two Mexican Folk Dances..... | 21 |
| UNIT 6 | |
| Rhythms from Erin..... | 22 |
| Folk-Song Rhythms..... | 23 |
| Ragtime Dance (A Stop-Time Two-Step)..... | 24 |

Copyright © MCMXCV by Alfred Publishing Co., Inc.
All rights reserved. Printed in USA.

Cover illustration: Martin Ledyard



UNIT 1

Quarters and Eighths

The rhythm studies throughout this book can be played in three different ways:

1. Play all eight measures on one note;
2. Select one measure and repeat it on each note of a scale;
3. Play all eight measures, each one on a different note of a scale.

1.

All adjoining studies (1 & 2) in each unit may be played together. They should first be practiced separately, then combined. The band may be divided into two sections with each section playing a different part. They may also be used with smaller groups or as duets for two single instruments.

2.

UNIT 4

Cut Time — Alla Breve

Two staves of musical notation in cut time (C). The first staff begins with a double bar line and a common time signature 'C'. The second staff ends with a double bar line.

1.

Four staves of musical notation for exercise 1 in cut time (C). The notation includes various rhythmic patterns and accidentals (sharps and naturals).

2.

Four staves of musical notation for exercise 2 in cut time (C). The notation includes various rhythmic patterns and accidentals (sharps and naturals).