

# Rhythms & Rests

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# UNIT 1

## Quarters and Eighths

Two staves of rhythmic notation in 4/4 time. The first staff shows a sequence of eighth notes and quarter notes. The second staff shows a sequence of quarter notes and eighth notes.

The rhythm studies throughout this book can be played in three different ways:

1. Play all eight measures on one note;
2. Select one measure and repeat it on each note of a scale;
3. Play all eight measures, each one on a different note of a scale.

1.

Four staves of musical notation for study 1. The first staff is a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. It contains eight measures of music, each starting with a quarter rest followed by a quarter note on a specific scale degree. The notes are: G4, A4, B4, C5, B4, A4, G4, F#4.

All adjoining studies (1 & 2) in each unit may be played together. They should first be practiced separately, then combined. The band may be divided into two sections with each section playing a different part. They may also be used with smaller groups or as duets for two single instruments.

2.

Four staves of musical notation for study 2. The first staff is a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. It contains eight measures of music, each starting with a quarter rest followed by a quarter note on a specific scale degree. The notes are: G4, A4, B4, C5, B4, A4, G4, F#4.

# UNIT 4

## Cut Time — Alla Breve

Two staves of rhythmic notation in cut time. The first staff starts with a double bar line and a common time signature (C), followed by a series of quarter notes and rests. The second staff continues the pattern with quarter notes and rests, ending with a double bar line.

1.

First melodic exercise in cut time, consisting of four staves of music in treble clef with a common time signature. The music features a sequence of quarter and eighth notes with various rests and accidentals.

2.

Second melodic exercise in cut time, consisting of four staves of music in treble clef with a common time signature. The music features a sequence of quarter and eighth notes with various rests and accidentals.