

Contents

INTRODUCTION TO PLAYING

- 1 What you Need to Teach Yourself to Play the Piano.
- 4 How to Sit at the Piano.
- 5 How the Fingers Are Numbered.
- 6 How Piano Tones Are Made. Dynamic Signs, *f*, *mf*, *p*. Dynamic Exercise.
- 7 Four Good Reasons for Playing with Curved Fingers.
- 8 Preliminary Exercises.
- 9 A Beneficial Hand Massage.
- 10 The Keyboard.
- 11 Beginning to Play.

C POSITION

- 12 Right Hand C Position. Treble Clef Sign. Right Hand Warm-Up.
- 13 Quarter Notes & Half Notes. Measure, Bar Line, Double Bar. ODE TO JOY.
- 14 Left Hand C Position. Bass Clef Sign. Left Hand Warm-Up.
- 15 The Whole Note. Repeat Sign. AURA LEE.

THE GRAND STAFF

- 16 The Grand Staff. Time Signature, 4/4. Whole Rest.

PLAYING C–G ON THE GRAND STAFF

- 17 FINGER "AEROBICS," No. 1.
- 18 Melodic Intervals: 2nds. Slurs. SECONDS.
- 19 THE SECOND STREET BAND
- 20 Melodic Intervals: 3rds. THIRDS.
- 21 ROCK-ALONG. MEXICAN HAT DANCE. Quarter Rest.
- 22 Melodic Intervals: 4ths. PLAY A FOURTH.
- 23 RHYTHM MAN. *8^{va}*. GOOD KING WENCESLAS.
- 24 Melodic Intervals: 5ths. FIFTHS.
- 25 MY FIFTH. Melodic Interval Review.
- 26 Harmonic Intervals: 2nds & 3rds. QUIET RIVER.
- 27 Harmonic 4ths & 5ths. Tied Notes. LITTLE THINGS.
- 28 JINGLE BELLS.
- 29 The Sharp Sign (#). MONEY CAN'T BUY EV'RYTHING!

INTRODUCTION TO CHORDS

- 30 The C Major Chord.
- 31 BROTHER JOHN. Half Rest. HERE'S A HAPPY SONG!
- 32 Introducing B for LH. Two Important Chords for LH—C Major, G⁷.
- 33 MERRILY WE ROLL ALONG. LARGO (from "The New World").
- 34 Introducing B for RH. C & G⁷ Chords for RH.
- 35 MARY ANN.
- 36 Time Signature, 3/4. Dotted Half Note. ROCKETS.
- 37 WHAT CAN I SHARE?
- 38 Introducing A for LH. F Major Chord for LH.
- 39 Warm-Up Using C, G⁷ & F Chords for LH. WHEN THE SAINTS GO MARCHING IN.
- 40 The Damper Pedal. Broken Chords. HARP SONG.
- 41 Warm-Up Using C, G⁷ & F Chords for LH. BEAUTIFUL BROWN EYES.
- 42 Eighth Notes. SKIP TO MY LOU.
- 43 Broken Chord Warm-up. SKIP TO MY LOU.
- 44 Fermata. THE GIFT TO BE SIMPLE.
- 45 Introducing Dotted Quarter Notes.
- 46 Crescendo. Diminuendo. ALOUETTE.

EXPANDING THE 5 FINGER POSITION

- 47 Measuring 6ths.
- 48 LAVENDER'S BLUE.
- 49 Time Signature 2/4. KUM-BA-YAH!
- 50 LONDON BRIDGE. MICHAEL, ROW THE BOAT ASHORE.
- 51 Syncopated Notes. ROCK-A MY SOUL.
- 52 Moving Up & Down the Keyboard in 6ths. LONE STAR WALTZ.
- 53 Staccato.
- 54 Measuring 7ths & Octaves.
- 55 CAFÉ VIENNA.
- 56 BRAHMS' LULLABY. Dynamic Sign, *mp*.
- 58 The Flat Sign (*b*). ROCK IT AWAY!
- 59 Measuring Half Steps & Whole Steps. Tetrachords.

SCALES & CHORDS—THE KEY OF C MAJOR

- 60 The Major Scale. Preparation for Scale Playing. The C Major Scale.
- 61 JOY TO THE WORLD. Dynamic sign, *ff*
- 62 More About Chords. Triads. Triads Built on the C Major Scale.
- 63 COCKLES AND MUSSELS.
- 64 The Primary Chords in C Major. Chord Progressions.
- 65 WALKIN' DOWN THE BASSES. Changing LH Fingers on Repeated Notes.
- 66 About the Blues. I'M A WINNER!
- 68 Grace Notes. BLUES CITY.
- 70 RH Extended Position. ON TOP OF OLD SMOKY.

THE KEY OF G MAJOR

- 72 The G Major Scale. The Key of G Major.
- 73 How to Make Any Major Triad. How to Play I–V⁷ Progressions Beginning on Any Major Triad.
- 74 THE CAN-CAN. Changing RH Fingers on Repeated Notes.
- 75 How to Play I–IV Progressions Beginning on Any Major Triad. The Primary Chords in G Major.
- 76 THE MARINES' HYMN. Broken Chords in G Major.
- 77 PLAISIR d'AMOUR.
- 78 A New Style of Bass. O SOLE MIO!
- 79 Arpeggiated Chords.
- 80 THE ENTERTAINER.
- 82 Eighth Note Triplets. AMAZING GRACE.

FINGER AEROBICS

- 84 The Problem of Developing Equal Skills with All Fingers.
- 85 More Finger "Aerobics." No. 2. No. 3.
- 86 No. 4 Drops & Lifts on 2nds. No. 5 Drops & Lifts on 3rds.
- 87 No. 6 Drops & Lifts on Melodic 2nds, 3rds, 4ths & 5ths.
No. 7 Drops & Lifts on Harmonic 2nds, 3rds, 4ths & 5ths.
- 88 Drops & Lifts on C Major Chords. No. 8 Alternating Hands.
No. 9 Hands Together, Changing Octaves.
- 89 Drops & Lifts on G⁷ Chords. No. 10 Alternating Hands.
No. 11 Hands Together, Changing Octaves.
- 90 Drops & Lifts on F Major Chords. No. 12 Alternating Hands.
No. 13 Hands Together, Changing Octaves.
- 91 Dotted Aerobics. No. 14 Dotted Rhythms. No. 15 Chords with Dotted Rhythms.
- 92 No. 16 Hanon's Amazing Aerobic Sixth.
- 93 Stretching Exercises: 2nds to Octaves. No. 17 Melodic Intervals.
No. 18 Harmonic Intervals. No. 19 Staccato Notes.
- 94 Scale Aerobics. No. 20 Thumb-Unders. No. 21 Get Ready—Go!
- 95 Changing Fingers on Repeated Notes. No. 22. No. 23.
Extended Positions. No. 24.
- 96 Eighth Note Triplets. No. 25 The C Major Scale in triplet rhythm.
No. 26 The G Major Scale in triplet rhythm.