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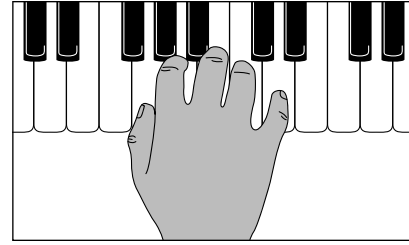
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I. Five-Finger Positions

A. Building the Whole Position

1. Beginning on Each Finger

Play Patterns 1 and 2 as smoothly as possible:
 RH alone
 LH alone (2 octaves lower)



1. *R.H. 1*
L.H. 5

2. *R.H. 5*
L.H. 1

3. *R.H. 3*
L.H. 3

4. *R.H. 4*
L.H. 4

5. *R.H. 2*
L.H. 2

Now play patterns 1 and 2, HT in contrary motion.
 Each pattern is started for you.

1. *etc.*

5. *etc.*

Transpose these patterns to each of the 5-finger positions that use only white keys.
 Transpose to a different position each day. Circle each key as you complete it.

C MAJOR

A MINOR

D MINOR

3. Chromatics

Positions in which your hand covers fewer than five consecutive white keys are called “contractions.” Contracting your hand (making it small and loose) makes it possible to play chromatic passages and chromatic scales.

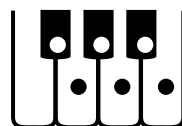
A. Chromatic Passages

In pattern 27, the tips of fingers 3 and 1 are very close together, forming a contraction.

Play pattern 27:

- RH
- LH (1 octave lower)
- HT (1 octave apart)

RH 3 1 3 1 3 1



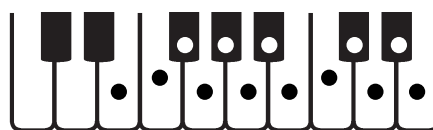
LH 3 1 3 1 3 1

27.

B. Chromatic Scales

In chromatic scales, the consecutive white keys are always fingered 1-2.

RH 1 2 3 1 3 1 3 1 2 3 1 3 1



LH 2 1 3 1 3 1 3 2 1 3 1 3 1

Before playing pattern 28:

Circle the places where there are two consecutive white keys:

Play pattern 28:

- RH
- LH (1 octave lower)
- HT (1 octave apart)

28.

Now play chromatic scales, beginning on a different key each day.

B C C#